

J U L Y - A U G U S T 2 0 1 6

Cittaslow Chatter

Cittaslow Goolwa Inc. PO Box 2539, Goolwa SA 5214

Vision: Sustainable Community: Sharing Together

Mission: Taking time to bring together a sustainable community



Despite the short days and long nights, plus Goolwa's winter with cold, wet and windy weather, the members of Cittaslow Goolwa have been very busy. A winter version of "At the Wharf" was successfully held inside Signal Point. The Clayton Bay Community Association hosted their annual Winter Solstice Bonfire and the Goolwa Tourism 5214 group marked the longest night of the year with a warm dinner at The Landing.

Mayor Keith Parkes headed the Goolwa team (shown above) at the 9th Cittaslow International General Assembly in Vizela, in northern Portugal. The team has learned a lot as we prepare to host the next Assembly 9 to 12 May 2017.

Planning is underway for the annual Cittaslow Smoke Off, the next summer season of "At The Wharf" and Cittaslow's involvement with the visit to Goolwa by Costa Georgiadis and Sophie Thomson from the ABC television program, *Gardening Australia*. Discussions are progressing with Council regarding the offer to Cittaslow for use of the Old Council Chamber as a focus point for our activities as well as the potential development of a Farmers Market in Goolwa.

We are approaching our next AGM which will see new members of our Management team which I hope may include you.

You will find further information about these activities within this newsletter which I hope you enjoy reading.

Lyn Clark, President

2016 Cittaslow Management Team

Patron: Mayor Keith Parkes

President: Lyn Clark

Vice President: Edward Booth

Secretary: John Clark

Treasurer: Jan Henderson

Committee Members: Jane Booth, Margaret Gardner, Kaarel Lume, Karen Lume, Vanessa Mulhall (School Liaison), Debbie Smith, Scott Woodsmith

Food & Wine: Ken and Debbie Smith

Cittaslow Garden & Barrow: Noel Leahy, Lyn Mateer

Contact President:

Telephone: 8555 5801

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president@cittaslowgoolwa.com.au

www.cittaslowgoolwa.com.au

Cittaslow aims to improve quality of life for all residents, business operators and visitors to our region by developing sustainable environmental practices, use of alternative energy, supporting local products and producers, providing unique tourist experiences, preserving our heritage, sharing ideas and encouraging all to take the time to enjoy what we have to offer with family and friends and visitors.



2016 CITTASLOW INTERNATIONAL ASSEMBLY

The 2016 International Cittaslow General Assembly was hosted by Vizela, a town in Braga, a region in northern Portugal, about 50 kilometres inland from Porto. Some of the delegates were accommodated in the nearby town of Guimaraes but all of the Australian delegation had the Bienestar Hotel in Vizela as their home. The logistics for the Assembly were coordinated by an event management company with Paula as their public face. As with any event like this, there can be a challenge between satisfying the expectations of Cittaslow International and looking after the needs of nearly 200 delegates from many different countries, many of whom had English as their second language.

Over the two days and three evenings of the Assembly, we learned a little of the story of this spa town that had history going back to Roman days. We had lectures about sustainable tourism and about the Cittaslow Education program in Vizela schools.



The Vizela program began on Thursday evening with a Cittaslow market in one of the local squares. Along with an official welcome speech from the Mayor of Vizela, we were given a noisy welcome by a band of drummers of all ages. This was followed by an extensive presentation of local folk dancing with traditional folk music. It was nearly 10pm before we were taken by buses to the Mayoral reception dinner. The venue was changed to a nightclub, the Eskada, proudly stated by the locals as “one the best in Europe”. The dark interior was most unusual but the food was good. Moving around was problematic as all the floor was black with unmarked steps and stairs. It was well after midnight before the last of the buses returned all the delegates to the hotels. It was an interesting experience but the Cittaslow International management did not think it was a very Cittaslow location.

Next morning, we were all instructed to be ready to be picked up by buses at 8am to be taken to ISMAI (Instituto Universitário da Mai) a university just outside Porto. This involved a 1-1/2hour trip and contributed to us not meeting any scheduled times all day. The presentations were very academic and covered various aspects of heritage tourism. The main problem was that all presentations were given in Portuguese and were then repeat translated into English. This doubled the time for each presentation and it didn't take long for delegates to become very bored. A full three course lunch meal was served in the University cafeteria with long tables for most of the delegates and separate round tables for the officials.

Following lunch, the topics changed to education where two Vizela teachers each explained how Cittaslow had been built into the school curriculum at all year levels. Again repeat translation extended the time for each presentation. The delegates suddenly

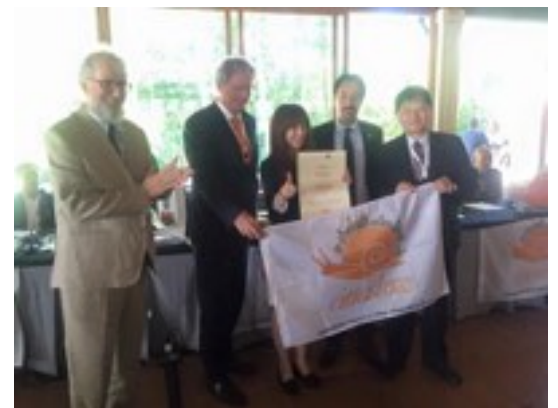


became responsive when one of the young students led them through an exercise that involved the use of smart phones. One of the Belgian delegates won the competition that he presented. This confirmed our thoughts that delegates need to be involved, not just talked at. It took another hour to return to Vizela, just in time for dinner at 8pm at a local restaurant, Aguia D'Ouro. A booking had been made for us by Paula and it was an excellent choice. [It should be noted that no restaurant takes bookings before 8pm – it is more likely to be 10pm!] The Australian, American and Scandinavian delegates enjoyed this typical



After breakfast in the hotel's dining room, we were again picked up by buses that took us to the location for the official Cittaslow Assembly, Quinta Del Rei. This was another venue change. This 50 hectare property provided a range of sporting and leisure facilities but we were using the pavilion and restaurant building which was set in a beautiful area surrounded by high trees. There were many more delegates at the Assembly than at any other function. This was the first we saw of the Korean representatives. Again the schedule slipped behind as it took quite a long time to register those delegates who were attending for the first time, issue agenda papers and voting cards to everyone, sign for headsets (and find out how to use them) and select items from the display tables. The 11.30am coffee break was taken after 12.30pm and it took awhile to get everyone back into the pavilion for the remainder of the Assembly.

The Assembly included welcoming the 9 new Cittaslow towns with certificates and photographs, receiving reports and greetings from the Mayor of Vizela, the 4 Vice Presidents, the immediate past President, Gian Luca Marconi and the Scientific Committee Coordinator Prof. Giuseppe Roma. The Secretary General Pier Giorgio Oliveti reported on past activities, the Financial situation and an introduction to a new Cittaslow International website and social platform.



A summary of the presentations from the day before were given before National coordinators from 8 regions made presentations. Fortunately we had registered for this and as the country speakers were listed alphabetically, it meant Australia was first. Lyn and Keith had agreed to combine their presentations before the delegates got too restless. Keith spoke well about Goolwa and what the Alexandrina region had to offer and to entice delegates to plan to come to Goolwa in 2017. After a slight glitch, the "Come to Goolwa - A Day in Goolwa" video, which had been funded by the Council was presented. Lyn then showed them the Goolwa Tourism 5214 Booklet that was given out to each delegate and it really blew them away when she demonstrated the business card that became a USB stick. The Card/USB stick contained a copy of the video, a copy of the Fleurieu Tourism Guide, photographs taken by local photographers around Goolwa and information about planning to come to Goolwa. Olaf, Julie, Tracy and John worked the crowd well as these 'gifts' were handed out.

Following the last of the prearranged presentations, the Chiocciola Orange Cittaslow Awards 2016 were made along with announcing the winner of the Cittaslow Video Contest. It was 3pm before a full buffet lunch was provided for the delegates.

Following the late lunch, most delegates were then taken for a tour of Vizela and then brought back to the Assembly venue for the finale dinner. Many delegates were either not prepared to go walking after the Assembly or were upset because they were not being given an opportunity to freshen up before the gala dinner. Some skipped part of the tour and went to their hotels and then had to be collected and brought back to Quinta Del Rei.

A Sunset Cocktail hour and the singing of a Cittaslow song prepared by the Vizela students brought the delegates together. The song was sung to the melody of ABBA's Mama Mia and was one of the only joint things done by the delegates. They all moved into the restaurant area for the Gala Dinner which was a set menu and no choices. It was too bad if you didn't like salted codfish for mains! The opinion of those on our table was that the buffet lunch was much better than the Gala Dinner. The saving grace was the stunning vocal presentation by two local singers accompanied by guitarists. The noise of some of the tables threatened to drown them out, but the singers won! Again it was very late by the time we all returned to our accommodation.

Some of us had to leave early and were not able to join in the additional round table conference hosted at the S.Miguel School on the Sunday. Now it's up to Goolwa to provide a memorable experience for delegates in 2017!



alexandrina libraries presents

Gardens alive

at Goolwa

with Sophie Thomson and Costa Georgiadis
OF GARDENING AUSTRALIA

Saturday 1st October
11am - 5pm




Signal Point Goolwa Wharf

Showcasing a variety of gardening stalls,
local produce, community gardening groups,
live music, living art, and more...



SOPHIE THOMSON
'Spring into Action'
1.00-2.30 pm

COSTA GEORGIADIS
'Grow Eat Share: Making a day to day difference'
3.00-5.00 pm

  \$10 | **BOOKINGS:** Goolwa Visitor Information Centre
or 1300 466 592 or www.visitalexandrina.com
Transaction fee applies



Cittaslow Goolwa and especially the Community Garden Group will be supporting this event as part of our International Cittaslow Sunday activities – even though it is not a Sunday! (See Page 6 for more about Cittaslow Sunday.)

Cittaslow Community Garden

With the unfavourable weather over the last few weeks and some volunteers away spending time in warmer climates things at the community garden are moving a bit slower than usual. However, this has given us a chance to discuss some projects for the future and also repair the seed raising enclosure as well as make plans to upgrade some items. Winter in any garden is also a time to tidy up and start thinking about what to grow for Spring.

The Child Care Centre in Goolwa continues to receive a box of fruit and veg every week. Thankfully we had a great crop of pumpkins last season which has enabled us to include some of this every week as well as our year round silverbeet. We caused a bit of confusion for some when we included fantastic and very colourful rainbow chard which was accidentally taken as rhubarb. Oops.

Thanks to some dedicated volunteers the selection of jams, chutneys and sauces available at Signal Point only gets better with different recipes being discovered regularly. We are very grateful to The Shaw Family and staff for their ongoing support as it is the mainstay of our fundraising.

The pizza oven was fired up recently and we were treated to some scrumptious home made pizzas which included toppings that were made from produce grown at the garden including passata, pesto and capsicum. We also managed to find a bottle of red that was a prize won by the community garden at a recent fund raising quiz night.

The community garden is hoping to be part of the upcoming event GARDENS ALIVE being organised by Alexandrina Library at Signal Point. It should be a good opportunity for us to showcase the garden and hopefully encourage people to come and have a look.

We always encourage visitors so please call in any Wednesday morning between 9 and 12.30 (weather permitting).

Lyn Mateer



10th Cittaslow International General Assembly

ITALIAN CLASSES

Jacqui Showell would like to offer a beginner's Italian class starting in August as a prelude to the International Assembly in May. It will be in Jacqui's home at Goolwa Beach on a weekday afternoon for 1 to 1-1/2 hours. She suggests a small donation of a couple of dollars per session to go towards Cittaslow Assembly expenses.

If interested call Jacqui on 0427 500 318 or email Jacquis@picknowl.com.au

THANK YOU GOOLWA LIONS

The Lions Club of Goolwa has donated \$5,000 towards the simultaneous interpreting costs associated with the General Assembly. It will be our responsibility to provide language support in both Italian and English during the Assembly. This entails two interpreters and a broadcast system plus headphones for each delegate.

More details will be released about the Assembly in coming issues of the Newsletter as well as at the monthly Management Meetings.



International Cittaslow Sunday

Thank you to those of you who responded to our email request for ideas to join our other Cittaslow towns across the world to celebrate Cittaslow Sunday - **25 September**. These will be discussed at the 4 August Management Meeting at 7pm in the Large Meeting Room at the Alexandrina Council offices. I hope you can join in the planning.

In keeping with the suggestion from Cittaslow International, that towns can mark this day with activities in both the week before and the week after this date, Goolwa may be able to present a range of activities that will promote the Cittaslow philosophies as well as lifting the profile of Cittaslow within the Alexandrina area. Whilst the details are yet to be confirmed, the following events could be marked into your diaries:

Friday 23 September – Winter at the Wharf

Saturday 1 October – Gardens Alive, Signal Point

Sunday 2 October – Food and Wine Hungi

Do you have any other ideas?

Please let us know by either coming to the Management Meeting or passing on your ideas to one of the members of the Cittaslow Goolwa Management team.



Cittaslow Centre in Goolwa?

Alexandrina Council has submitted an exciting proposal to Cittaslow Goolwa – to use the “Old Council Chamber” on the corner of Goolwa Terrace and Cadell Street. It offers a great opportunity to raise the profile of Cittaslow within the Alexandrina area and within Goolwa in particular and focus attention on our activities. It also challenges us to provide support for this project.

In a letter from Council the following points were raised:

- *The building is currently vacant - being utilised by the Site Manager for the streetscape upgrade.*
- *Prime central location in Goolwa.*
- *Limited capacity and usability of the building due to its size and limited utility connections, (specifically waste water). Opportunity exists for Cittaslow to activate and occupy this building on a trial basis for 12 months.*
- *Cittaslow Goolwa will host the 2017 International Cittaslow Assembly. This site will make a great central registration, meeting point for delegates coming to the Assembly.*
- *In the lead up to the Assembly this site could be a shop front for Cittaslow - which will enable them to promote the values and principles of Cittaslow - the work they are currently doing within the community, an outlet to sell and promote some of their products and programs and a possible meeting space for sub-committee groups.*
- *The shop front would also provide a unique opportunity for Cittaslow to have a visual presence within the town of Goolwa - helping to educate the broader community and promoting the lifestyle to our visitors.*
- *Council's desire would be that the building is active/activated the majority of the week, in particular weekends and public holidays.*
- *For discussion with Council / Decision of Council required Trial 12 month community/peppercorn lease - July 2016 to July 2017 - review of trial period with recommendation of whether to implement a more permanent lease if there are ongoing benefits to Cittaslow and Council moving forward. [Note these dates are under review.]*



Karen Ross began discussions on behalf of Cittaslow Goolwa during June and July. The Management Team has been able to identify many benefits but is concerned about whether we can get enough people to volunteer their time to keep the doors open. We have been encouraged by offers of assistance from Members with whom Karen has had preliminary discussions but now we need more.

IT IS NOW UP TO YOU! WE NEED YOU!

Do you think we should accept this offer from Council?

Are you prepared to offer your time (anything ranging from several hours a week to once a month)?

Do you have suggestions on how we can develop this site acknowledging its heritage location?

This will also be discussed at the 4 August Management Meeting, Come and share your views.

Please email Karen Ross (karenrosswalks@gmail.com) or Lyn Clark

(president@cittaslowgoolwa.com.au) if you would be prepared to discuss this further and volunteer some time. The more volunteers we have, the easier it is to share the load.

Cittaslow WINTER AT THE WHARF

Our first 'Winter At The Wharf' event was held in the lower gallery at Signal Point on the last Friday of June. 'The Dylan Brothers' played Bob Dylan tunes to the appreciative audience of around 130 people. Harborganics Wood-Fired Pizzas were on sale as well as Cittaslow Platters and Shaw Family Vintners wines. Apart from a few 'tweeks' the evening was a great success and we hope to have one more 'Winter At The Wharf' (depending on venue availability) before summer, this time featuring jazz music.



Another Winter At The Wharf is being planned, so keep an eye open for details.

CITTASLOW FOOD & WINE GROUP

As always, the Food and Wine Group has been busy in a variety of ways, notwithstanding the particularly cold and wet weather. Unfortunately, the weather caused the cancellation not once but twice of a How To ... Mushroom Foraging event planned for Kuitpo forest. No doubt this will reappear at another time. Next How To ... will explore a variety of ways to make coffee at home. This session will be a full on hands on event with limited numbers. The session will be repeated if there is sufficient interest. (see more below)

The Autumn seasonal dinner was at Blues, Middleton on 26 May. Although numbers were down those who attended had an enjoyable evening. Next dinner is set for Hectors On The Wharf on 18th August. [See more information elsewhere in this newsletter.] It was agreed that charges for this and future dinners be \$40 for members and \$45 for non-members. Getting back to the roots of Cittaslow, the Food and Wine Group have discussed ways of focussing future dinners on Slow Food principles and this interesting discussion will continue at future meetings. The first Goolwa Winter At The Wharf event was held on Friday 24th June and saw a packed house clapping, singing and dancing to the local Bob Dylan tribute band, the Dylan Brothers. The crowd also enjoyed great local food by Harborganics Wood Fired Pizzas and Cittaslow and the wines by Shaw Family Vintners.

Winter At The Wharf was held in response to public demand and follows the very popular summer season of At The Wharf events. The team of volunteers, led by Karen Ross, should be congratulated for the amount of time and energy that they put into the At The Wharf events and the enjoyment that has been felt by the many local residents who have attended. A further event is planned for September 23rd.

Planning for Smoke Off 2016 has commenced with the co-ordinating group, including representatives of the Langhorne Creek Grape and Wine group. Smoke Off is to be held on Sunday November 6 and will again feature the Mactones and MC Ian Wright. The Oscar W and Steam Ranger will operate on the Smoke Off day.

This year's event will be fine-tuned after full consideration of the many suggestions and positive feedback received after last years event. Tony and Ann Mari Trimboli volunteered to join Scott Woodsmith, Ken Smith and Jane Williams on the Smoke Off sub-group.

As happened last year, members of Food and Wine supported the Clayton Bay Community Association Solstice event, which was held on June 18. A much larger crowd than last year attended and enjoyed the spectacular bonfire.

Ken Smith



You are invited to participate in the Food and Wine meetings which are held every month. There is an electronic mailing list for those specifically interested in Food and Wine activities. If you want to get early information on planned events, especially those with limited seats, contact Debbie Smith at famsmith@internode.on.net or ring on 0417 843 946.

In this dreary winter weather would you like to make coffee at home like they serve in your favourite café? long black? - flat white? - cappuccino? - cafe latte? - espresso? - macchiato?

Why not join us - for a brief introduction to making coffee at home in a coffee machine.

This is intended to show you principles that you can then use with confidence at home and impress your friends with your new skills.

When: Thursday 28 July at 2pm

Where: 3 Curson Place, Goolwa

Cost: \$5 for Cittaslow members - please pay on the day.

Plus an extra demo on how to make Vietnamese filtered and iced coffee. Numbers are strictly limited but if demand is there we will put on other sessions.

Please email famsmith@internode.on.net to book your place.

Debbie Smith



GOOLWA TOURISM 5214

The purpose of Goolwa Tourism 5214 is to generate and promote activities and events. We aim to promote this area as a destination as well as the focus for experiences available to all potential visiting groups. Our closeness to Adelaide encourages day-trips but this is an area which has so much to offer ... longer visits should be planned.

Our committee members have been busy coming up with ideas to promote our area for locals as well as visitors.



June 21st every year is the Winter Solstice – the longest night. This year we held a fun-filled dinner at The Landing Bar and Bistro on Hindmarsh Island. On what was reported to be the coldest day for this winter at that time, we were grateful for the cosy fireplace. With fun and frivolity throughout the evening, raffle prizes galore, good food, good wine and great company... everyone is looking forward to next year's event.

In the July–September edition of our tourism book we have assembled some clusters of activities encouraging people to explore some of the special features of our town, each culminating with somewhere warm to eat and/or drink.

Storm Boy was filmed around the Coorong and Goolwa areas and this year is the 40th anniversary, but how much more do you know? Filming started in May 1976 and was released in South Australia only in November of that year. The rest of Australia had to wait until the following year.

We are planning a celebration of the movie's release and would like your help. Were you involved in the movie in any way? Do you know someone who was? Do you have photos, memorabilia or anything else of relevance?

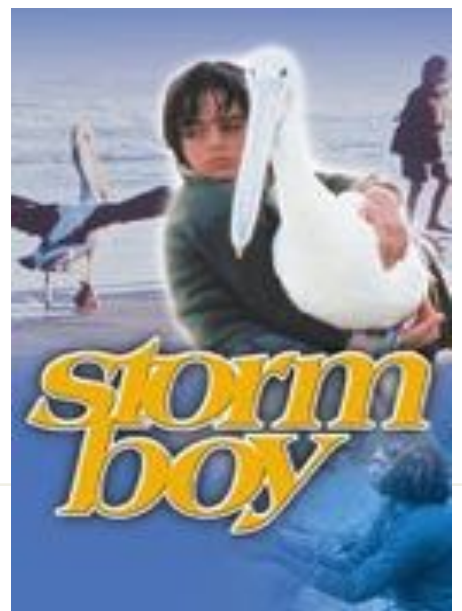
Please email us – goolwatourism5214@outlook.com

We would love to hear from you. Help us make this a special event.

Next GT5214 Gathering – Wednesday 3 August, 7pm, Wharf Barrel Shed – RSVP by email.

Karen Lume

Goolwa Tourism 5214, PO Box 667, Goolwa SA 5214



CITTASLOW GOOLWA AGM

On Thursday 3 November, Cittaslow Goolwa will be hosting its next Annual General Meeting. As was pointed out at the last AGM (which was held in February this year), we will be returning to the regular schedule according to our Constitution. [The schedule had been interrupted due to the President's earlier battle against cancer.]

All positions within the Management Team will be up for re-election. President, Vice President, Secretary, Treasurer and at least 5 other officers. In addition, the Food and Wine Group and the Cittaslow Community Garden also have representatives who report to the Management Team. It is up to each of these groups to nominate their representatives as needed.

Current President Lyn Clark has indicated that she will not stand again for this position. She will be happy to assist whoever is elected into the position that she has held since Goolwa's accreditation. "Time is overdue for new blood," she has said. "We are moving into an exciting time ahead, with the General Assembly and the implementation of projects for the various Cittaslow groups and our organisation as a whole," she added. Lyn will be continuing with her coordination role for the 2017 Cittaslow International General Assembly.

Some of the skill sets required to be shared amongst the new Management Team should include public relations, keeping our new website vibrant, newsletter preparations and general administration. If you can help with one of these, please seriously consider joining the Management Team.

All members are invited to attend the monthly Management meetings which are currently held in the Large Meeting Room, Alexandrina Council offices on the first Thursday of each month at 7pm. This is an opportunity to find out what is happening and what is being planned - and to have your say.

If you have any questions, please ask any members of the current Membership Team or the President, on 8555 5801 or email president@cittaslowgoolwa.com.au or drop in for a chat at Lyn's business, River Dolls of Goolwa, 33 Cadell Street, Goolwa during business hours.

As a member of Cittaslow Goolwa, you are invited to attend the **management meetings** that are held on the **first Thursday** of each month, at **7.00pm** in the **Large Meeting Room** at the Alexandrina Council, Cadell Street, Goolwa. (Note: no Management meetings in January)

This is a great way to find out what is happening and to have a say in where we go in the future - and how we get there.

LIONS AUCTION

A sincere thank you if you are one of our members who has already given of your time to help with the auctions held by the Goolwa Lions Club. The next Lions Auction will be held **on Saturday 20 August** at the Goolwa Oval. To maximise volunteer resources, they need more assistance at the end of the auction. This would include taking down tents, putting away the catering stuff and loading any left over items onto the truck. The starting time for this work will depend on how long the auction lasts, but approx. 11.30am would be the best time to arrive. [The Auction starts at 9am if you want to buy.] This is a way to help this hard-working Lions organisation to raise funds for community activities and projects.

If you can help or have questions please contact Debbie Smith email famsmith@internode.on.net or Ken Smith on kgsmith27@internode.on.net.



Note: Goolwa Lions also operates a **Book Market** at the Goolwa Oval. It is open on Thursdays and Fridays 10am to 4pm, Saturdays 9am to 12 noon and during school holidays on Wednesdays 9am to 3pm. There are thousands of high quality books from 50 cents to \$5 - stock is changing all the time.

WINTER SEASONAL DINNER

HECTOR's Café On The Wharf

Thursday 18th August, 2016

6.00 p.m. arrival for 6.30 p.m. start

Cost: \$40 p.p. (*Cittaslow Members*) \$45 p.p. (*non Members*)

plus \$10 for sweets (optional) both categories

Corkage: \$10 per bottle

Coffee/Tea to be paid separately on the night

MENU

Entrée - Platters of assorted canapés

Mains

- Roasted pork cutlet rested on a sweet potato puree w' an Adelaide Hills apple cider & redcurrant jelly sauce
- Crispy-skinned Atlantic Salmon served w' a creamy leek & pear sauce
- Frenched lamb cutlets marinated w' garlic & rosemary, pan seared & finished in the oven served on a minted pea mash

All main courses are served w' platters/bowls of seasonal vegetables

Dessert (optional & choice of)

- Apple Tart Tatin served warm w' vanilla ice cream
- Sticky Date pudding served w' cream & caramel sauce
- Vanilla bean panna cotta w' layers of passionfruit jelly, topped w' fresh Strawberries & chocolate swirl

Your Chefs on the night will be Greg & Kathryn

All cakes & desserts are made in-house by Hector's Pastry Chef Helena

Booking is essential, so get in early. Numbers limited to 35

Bookings close Friday 12th August, 2016

RSVP: Patsy Greer patsebay@chariot.net.au or telephone 85525890 (if necessary, leave a message & your call will be returned)

IMPORTANT: For catering purpose, at time of booking please don't forget to provide details of your main course choice and where appropriate your choice of sweets and details of any special dietary requirements.

Payment **MUST** be made at time of booking **either by funds transfer or cheque**

Funds transfer details: BSB 105-160 Account No. 022 475 440

Account Name: Cittaslow Goolwa Inc-Food & Wine
Please include your NAME and 'WINTER' as reference with payment



Cittaslow Organisation and Business Members

We encourage to support the businesses and organisations that are members of Cittaslow Goolwa.

Businesses

About Print, Kaarel & Karen Lume
 Alexandrina Cheese, Rebekah McCaul
 All About Attitude, Jen Binney
 Aquacaf, Jon & Sally Dean
 Artworx, John & Liz Francis
 Australasian circa 1858, Deb Smalley & Juliet Michell
 Beach Organics, Barry Beach
 Bombora @ Goolwa Beach, Olaf Hansen
 Café Lime, Pamela Crowhurst
 Goolwa Fish Café, Max & Karen Mitchell
 Hectors at the Wharf, Grantley Schmidt & Susan Montgomery
 Surfers Coffee, Sue Metcalfe
 Goolwa Wharf Barrel Shed, Chris Ramsey
 Rankines at the Whistlestop, Peter & Sue Rankine
 Shaw Family Vintners, Signal Point and Currency Creek
 The Hungry Caterpillar, Justine Brown, Paul Bushell & family

Organisations

Art @ Goolwa, Brenda Holden Clayton Bay Community Association
 GADBUG Milang Old School House, Karyn Bradford

DATES FOR YOUR DIARY

Mon 25Jul	6pm	Food & Wine Group meeting, home of Margaret Gardner
Wed 27 Jul	2pm	Assembly Planning Meeting, Alexandrina Council Large Meeting Room
Thur 28 Jul	2pm	Food & Wine, Making Coffee, 3 Curzon Place, Goolwa (bookings essential)
Wed 3 Aug	7pm	Goolwa Tourism 5214 Gathering, Wharf Barrel Shed, Goolwa Wharf
Thur 4 Aug	7pm	Cittaslow Monthly meeting, Alexandrina Council Large Meeting Room
Tues 9 Aug		Australian Census Day
Thur 18 Aug	6pm	Food and Wine Winter Seasonal Dinner, Hectors at the Wharf
Sat 20 Aug		Goolwa Lions Auction, Goolwa Oval (Auction 9 am Clean up 11.30am approx.)
Wed 24 Aug	2pm	Assembly Planning Meeting, Alexandrina Council Large Meeting Room
Thur 1 Sep	7pm	Cittaslow Monthly meeting, Alexandrina Council Large Meeting Room
Wed 7 Sep	7pm	Goolwa Tourism 5214 meeting, The Marina Hindmarsh Island
Fri 23 Sep	tbc	Winter at the Wharf, Signal Point
Sun 25 Sep		International Cittaslow Sunday (including week before & and after this date)
Wed 28 Sep	2pm	Assembly Planning Meeting, Alexandrina Council Large Meeting Room
Sat 1 Oct	11am	Garden Alive Goolwa, Signal Point, Sophie Thomson & Costa Giorgiadis
Sun 2 Oct		Start Daylight Saving
Sun 2 Oct	tbc	Food and Wine Hungi
Wed 5 Oct	7pm	Goolwa Tourism 5214 meeting, The Marina Hindmarsh Island
Thur 6 Oct	7pm	Cittaslow Monthly meeting, Alexandrina Council Large Meeting Room

The Cittaslow Goolwa Community Garden is open most Wednesday mornings between 9am and 1pm, western end of the Council Depot, Kessel Road, Goolwa

Dates can change, so please check if you're not sure

CITTASLOW MEMBERSHIP MERCHANDISE

The following items can be ordered (payment with order, please).
 Contact Jan Henderson 0419 828 637 or email to
 janhenderson477@gmail.com.

SHIRTS - \$30 each - Navy blue shirt with Cittaslow Logo. **Ladies:**
 8, 10, 12, 14, 16, 18, 20, 22, 24. **Men's** (buttons other way):
 Small, Medium, Large, Extra Large, 2XL, 3XL, 4XL.

BUCKET HATS - \$15 each - Navy blue with gold piping with
 "Cittaslow Goolwa" no logo. Medium or Large to Extra Large

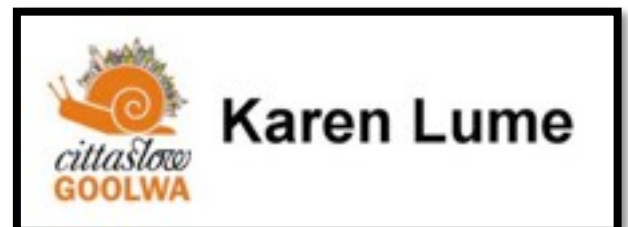
CAPS - \$15 each - Navy blue with tan suede with Cittaslow Logo.
 One size fits most.

NAME TAGS - \$10 each - with Cittaslow Logo. Choice of full
 name or single name and also with magnetic close or pin (don't
 order magnetic close if you have a pacemaker)

SLEEVELESS VEST –Cittaslow logo embroidered **\$44 each**
 Sizes available as per chart below (and are for half chest – which
 is the measurement from under arm to underarm).

ADULT SIZE	XS	S	M	L	XL	2XL	3XL	4XL	5XL
CHEST CM measurement	54.5	57	59.5	62	64.5	67	69.5	72	74.5

Also new at **\$12** - one size fits most are :
 Navy Blue **CABLE KNIT BEANIES** with Cittaslow Logo
 and Navy Blue **POLAR FLEECE BEANIES** with Cittaslow Goolwa
 lettering (no logo).



CITTASLOW MERCHANDISE ORDER FORM

Name:.....

Contact:(phone).....(mobile)

Please complete the order form and arrange payment using the methods suggested below. You will be advised when your order is ready for collection.

Contact Jan Henderson 0419 828 637 or email to janhenderson477@gmail.com if you have any questions.

Item	Quantity	Size	Cost
SHIRT - \$30 each Mens			
SHIRT - \$30 each Ladies			
SLEEVELESS VEST - \$44 each			
CAPS - \$15 each			
BUCKET HATS - \$15 each			
CABLE KNIT BEANIES - \$12 each			
POLAR FLEECE BEANIES - \$12 each			
NAME TAGS - \$10 each Name on tag : (eg John or John Smith)		Magnetic or Clip	
		Total:	\$

Payment with Order, please.

Cheque (made payable to Cittaslow Goolwa Inc.) and post with completed form to The Treasurer, Cittaslow Goolwa, PO Box 2539, Goolwa 5214

Electronic Funds Transfer:

BSB: 633 000

Account No: 152 961 215

Please include your name so that we can identify your payment.

Scan and email completed form to Jan Henderson (janhenderson477@gmail.com)

Cash payment and completed form can be left with the President, Cittaslow Goolwa at the shop, River Dolls of Goolwa, 33 Cadell Street, Goolwa during business hours.

CITTASLOW ASSEMBLY VOLUNTEER FORM

Name:

Contact:(phone).....(mobile)

I would like to offer my services for the following

ACTIVITY (examples of some of the possible functions for which we will need volunteers) – there will be more !	COMMENTS
ADMINISTRATION Preparation of documents; office duties during Assembly; Finance; Budget preparation and Management	
TRANSPORT Airport pick-up and drop off; collecting delegates from B&Bs; assistance with organising coaches	
ACCOMMODATION Sourcing and checking B&Bs, motels, billets; allocating accommodation; financial management of payments; offering to billet	
LANGUAGE TRANSLATION Assistance with English/Italian Assembly translation; providing language skills leading up to event; helping to learn other language phrases	
CATERING Working with Food and Wine group; providing assistance with morning teas; serving lunches; clearing up; decorating venues	
AMBASSADOR Training as a “Goolwa Ambassador; preparing schedules for volunteers; looking after VIPs/guest speakers; sourcing gifts and mementoes	
TOUR GUIDE Assisting with getting delegates to venues; organising rosters for guides; speaking with groups	
REGISTRATION Preparation of delegate pack; signing delegates in; roster of registration volunteers; looking after luggage when necessary	
FUND RAISING Sourcing possible sponsors or donors; ideas to raise funds	

This is not an exhaustive list. Please list on the back any way that you think you might be able to help, or which you think we need to address.

Return completed form to: president@cittaslowgoolwa.com.au; post to PO Box 2539, Goolwa 5214; drop into Lyn at River Dolls, 33 Cadell Street, Goolwa.