



## From the President

**W**elcome to the Summer Edition of Citta-Chat - although, the weather hasn't been quite what you would call 'summery'! We have had record rainfall in December and January, so it's all a bit unusual.

The end of 2023 was quite busy. Our free monthly community event "At the Wharf" recommenced in October, now in our market site at Jeralde Park, due to the ongoing works at Signal Point. The weather has been kind to us for three out of the four Fridays so far, so let's hope the rest of the season can happen as planned. You will note in the report in the following pages that our ATW organiser Laura O'Brien won't be continuing next season. Thank you Lauri for your hard work over the last few years.

The Goolwa North Code Amendment has been at the top of many people's minds leading up to December. Cittaslow had a presence at the public meetings held at Centenary Hall organised by Craig Rowe to give more information on the proposed change of use of over 240 hectares of farming land to housing. It is estimated that over 2000 submissions were made to both the SA Planning web site and the owner's representatives, mostly arguing against the proposal. While the consolation phase has now closed, there are still activities happening behind the scenes to help promote opposition to the proposal.

Late last year the Coorong, Lower Lakes and Murray Mouth (CLLMM) research project was announced. This is a water research project which has government funding for four years, and is based here in Goolwa. The research projects will be guided by an Advisory Forum made up of local representatives as well as experts in the field. I have been accepted as one of the community representatives. The official launch is on this Saturday at the CLLMM project office, more details are in the flyer towards the end of this newsletter.

Another flyer you will see is from the Goolwa Children's Centre for a Dad's Catchup. Cittaslow Goolwa has been working with the Centre for many years, supplying fresh fruit and vegetables, and planting native gardens and this is another opportunity for us to be part of their activities. So, any Dads out there who are free on Tuesdays from next week, go along and have a chat.

As usual there are updates on all of our activities in the follow pages, which I hope you enjoy reading.

*Michael Keen*

## CORE PROGRAMS

### *The Corner Report*



*Cittaslow Corner*  
Cnr Goolwa Terrace  
& Cadell Street

In December we received notice from Alexandrina Council that our Expression of Interest to continue to lease the Old Institute premises for the Corner was successful and we now await information about the terms of the lease.

Since reopening after the winter break, our numbers of visitors and sales at Cittaslow Corner have been slower than usual. Normally the months leading up to special events such as Fathers' Day and Christmas are hectic, however, with the bad weather this year it has not been the case.

In the past six months or so we have introduced some new products. There is only so much shelf space, but we can always squeeze in a few more items, so if you

have an idea for a new product or someone who makes lovely items for sale, please let the Corner Co-ordinator know the details. Our new suppliers are:

- **Deep Creek Honey** - a range of natural raw honey, creamed honey, lip balm and candles.
- **Two Sisters**, Patsy and Katrina Doolan – earrings made from emu feathers and echidna quills, covered notebooks, bookmarks, tiny woven dilly bags and woven baskets.
- **Peninsula Providore** - olives, oil, dukkah
- On consignment –
  - framed shell pictures
  - art cards by Gillian Keen (Cittaslow member)
  - poetry book by (Cittaslow member) Ursula Clare and illustrated by Gillian Keen
  - recipe book by Anita Robin (Cittaslow member)
- New **Cedric Varco** items – new bag styles, socks, and eye-glass cases.

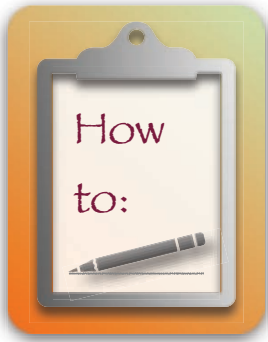
The Library shelf at the Corner can always do with more books – kids books too. Lots of jigsaws were donated some months ago and they have been a huge hit. The Grow Free Cart has had a mini facelift and is looking very fresh – now all we need is for our members and the community to fill it with spare produce, vegetables and fruit, herbs, plants, and jams.

Just a reminder that you can drop off your empty blister packs for recycling – but please **no** webster packs as unfortunately there is no-one that can separate the plastic, aluminium, and paper for recycling. You can also take the blister packs directly to National Pharmacies in Victor Harbor.

Volunteers are always needed. A quick and simple induction is all that is needed before you can be put on the roster, so if you can help with a shift or two each month, then please don't hesitate to contact Rose-Marie:

[rosemarievasiljuk@gmail.com](mailto:rosemarievasiljuk@gmail.com).





## A new 'How To' workshop in Cittaslow Corner

**W**e are pleased to announce that one of our members is offering Rag Rug making workshops on Thursdays at Cittaslow Corner, starting 29th February 2024 from 11-1pm.

Members are invited to come along and meet Heather Brown, local craft enthusiast and supporter of Cittaslow.

Heather taught fibre art throughout the lower south east of South Australia for

several years and was the instigator and joint co-ordinator of the Millicent sesquicentenary woven tapestry which hangs in the Millicent library.

Recently she has been teaching local residents to use strips of used fabrics and offcuts to weave rugs rather than sending them to land fill.



Rag Rug making is a simple but very effective idea allowing for individual creativity in choice of fabric, size of rug and overall pattern design.

The workshop will be launched on a trial basis to judge the level of interest in this opportunity. You don't have to bring anything to the first session as Heather will starting by introducing the materials and demonstrating techniques. If you are interested but unable to make the chosen time or date please contact Heather on [cuttingflowers@gmail.com](mailto:cuttingflowers@gmail.com) as it may be possible to be flexible.



**Top:** Millicent sesquicentenary woven tapestry

**Right:** Cittaslow member Susie Angas with Rag Rug on loom



## CORE PROGRAMS

## Cittaslow Goolwa Community Garden



## NEWS FROM THE COMMUNITY GARDEN

**Spring in the Garden 2023**

Spring has seen volunteers busy propagating and transplanting vegetables ready for summer crops. This included beans, capsicums, eggplant, zucchini, squash, cucumbers, pumpkins, tomatoes, carrots and spring onions. This enables us to continue providing a weekly delivery of fresh produce to the Kindy/Childcare Centre. Spring deliveries included silverbeet, carrots, potatoes, beetroot, broccoli, cabbage, spring onions, leeks, and lettuce.



Any excess produce is placed on the "Grow Free" carts outside Cittaslow Corner and Chantilly Place, which can be accessed by members of the public.



Spring also produced a good harvest of garlic, which has been plaited and hung for use in Kindy deliveries throughout the year.

This year our fruit trees are showing varying levels of fruit set, with a minimal number of apricots and plums but large numbers of apples and pears.

Volunteers continue the ongoing battle with bush rats and rabbits by continually repairing holes under the perimeter fence, surrounding existing raised beds with bird wire and installing even higher raised beds.



The Community Garden is now open on Tuesdays from 9am – 12pm, a change from Wednesdays. This enables us to garden in peace and quiet, without having to listen to chainsaw noise from the adjoining Oscar W volunteers.

We welcomed three new bed lessees (Michael, Keith and Eva) and hope they enjoy being part of the garden 'mob' and can happily grow great veggies.





We've also had some curious garden visitors recently, following a staged release of Rosellas from the nearby Wildlife Welfare Organisation. They seem to like both our produce and Iain's native plants very much. And us too - even landing on a VOLLIE's head - lucky Dinah! We've been asked not to encourage or feed them. But they will no doubt suss out the offerings we've got growing, hopefully not too much though.

In September we celebrated the 15<sup>th</sup> Anniversary of the Community Garden, along with Cittaslow International's 14<sup>th</sup> Annual Day of Good



Living, with a community lunch (provided by volunteers and lease bed holders) and Open Day. This was a great success, with a large number of community members, including previous Community Garden members, volunteers and lease bed holders enjoying the day.

November sadly saw our Garden Co-ordinator, Ange Toone, move out of the area. She will be sorely missed and we thank her for all of her time and hard work at the garden over the years. We wish her all the best in her new community. We welcome long-term volunteer Sue Gelade to the position of Garden Co-ordinator. We have also welcomed some new volunteers, but there is always more than enough work for more!

Happy Gardening

*Robyn Furniss*



# CORE PROGRAMS



## The Cittaslow Produce and Artisans Market

The market is ever evolving with some stalls coming intermittently such as **The Knife Doctor** while others like **Anna's cakes** are at each of our markets, even when the weather is not kind to us as has been the case on many occasions. The fact that they are not obliged to be at each market seems to suit most stallholders as they are also connected with a number of other markets. It also suits the Market as the average of 20 stalls means that the centre can be kept open and free so that market goers can meet, sit with a coffee and food and enjoy the music. This adds to the atmosphere and the culture built up at the market that both stallholders and market goers seem to enjoy.

Some of the recent newcomers to our Market are **The Tea Catcher**, **The Mobile Chamelion**, **Harriet's Duck**, **Deep Creek Honey** and **Golden Beeswax**. A big welcome to them all and any that I may have missed.

Providing fresh fruit and vegetable has been an ongoing issue. Even though **Ben Rossi** is the only stall at the Market that specifically sells garden produce, we thank **Simon, Brent, Riverland Dried Fruit**, the **Community Garden** and **Cittaslow Stall volunteers** for providing a steady flow of fresh fruit and vegetables for Market visitors.

In early December 2023 a number of Cittaslow members attended a picnic, 'LOCAL FOOD ON COUNTRY' held at **Peninsula Providore**. The event was organised to bring together local producers as well as people and organisations who are interested in food security. It was a wonderful day. Cittaslow had a stall and we sold quite a few native seedlings, thanks to Iain. There is a lot of information in regards to local produce including farm gates, local food stores, local food boxes etc., and as things get back to normal after the holidays, this information will be sent out to our members.



**Left:** Santopalato  
**Above:** Our stall at 'Local Food on Country' event



A big reminder that there are plenty of seedlings of local native plants for sale, both from the Market, the Community Garden and from Cittaslow Corner, particularly when Iain is staffing the Corner. There is also plenty of biochar for sale. This comes with an information sheet as well as many of us happy to have a chat with you about the benefits, how it is used and how it is made. If you would like to attend a 'burn' please tell us and we will let you know when we have another one – of course once the summer is over.

In the next few months we will be saying goodbye to Simon and welcoming the new people who will be continuing with his stall. Simon will be missed, not only because of his wonderful produce, large array of seedlings, plants and trees and vast garden knowledge but because of the wonderful human being he is. You will definitely be missed by us all. All the best for your future ventures.

We would like to thank all the volunteers who give their time to make the Market and the Cittaslow stall possible. We thank in particular Anna who ascertains which stallholders will be coming to each Market, where to place them and is always there first at the Market to direct the stallholders to their allotted space. Thank you also to Gary Searle who organises the fortnightly buskers and Ken Smith who does a lot of the publicity – and everyone else not mentioned who make the Market what it is.

Friday 19<sup>th</sup> January saw an extra Cittaslow Market to coincide with the Tour Down Under passing through Goolwa. The weather was lovely with a festive atmosphere by people coming off the Oscar W and the Steam Ranger and popping in to the Market as well as some of the usual Market goers.

We look forward to the New Year of Cittaslow Markets beginning on Sunday the 11<sup>th</sup> February and hope for more days of good weather this year.

*Angela Nesci*



**Market stalls** on a beautiful sunny Goolwa day. (Note the goat poster)



# INTEREST GROUP ACTIVITIES

## Environment Group News



### EDUCATION

**W**ith the mandatory pause during the pandemic, I have worked with the Environment Group at the Goolwa Primary School for the past 6 years under the direction of Science teacher, Julie Gilbert. One of the first projects I took on was the rehabilitation of the school's dune garden. Several locally native dune plants were propagated and planted in what had become a very neglected space. It has been excluded from the normal play space and the plantings have thrived. This year we were able to plant a vacant space in front of the school with 20 plants from our local native plant stock. Every year, Cittaslow donates a cash prize for the student who makes the greatest contribution to the group. I attend the Year 6 graduation where the award was presented to Casey Hall.



Iain Langusch, Casey Hall, Principal Louisa Guest



Dune Garden Plaque from 1999



Commemorative plaque, 1985

Late last year, I was exploring a corner of the playground that was overgrown by various weeds and invasive plants when I discovered a plaque. It turned out to be a plaque recognising a famous old scholar. Sir Hal Colebatch had attended Goolwa School in the late 19<sup>th</sup> century. He left school at the age of 11 in 1883. He went on to become the Premier of Western Australia. Although he only held the post for a month, he was a major political and public figure for many years. I have identified Hal's plaque and its surrounds as a project for us to revive. The students propagated some Pink Gums (*Eucalyptus fasciculosa*) late last year and would seem an appropriate species to replace the tree referred to in the plaque (long gone). Although not a local species, perhaps some Kangaroo Paw (*Anigozanthos* sp) could be added, being WA's floral emblem.

*Iain Langusch*



## INTEREST GROUP ACTIVITIES

### FOOD AND WINE GROUP

#### AT THE WHARF SEASON 2023/24

The At The Wharf (ATW) season for 2023/24 began on a high note with beautiful weather on the 27<sup>th</sup> October 2023. The River Rats played the blues for which they are and food trucks and the Paella stalls were busy. Local wine and beer was enjoyed by quite a large crowd at our new venue Jaralde Park (Market site). This is a very sheltered site and has the added bonus of extra seating and electrical outlets.

Unfortunately, the next event in November had to be cancelled due to inclement weather which was a very disappointing but necessary decision.

The 29<sup>th</sup> December went ahead despite reasonably strong winds – the crowd rugged up and it was great to see them keeping warm by dancing to the sounds of Matt and the Maniacs. We were joined by a new food vendor “Paulies Pizza” which reported a good trade during the evening.

Most recently we held a great event on 26<sup>th</sup> January featuring a new local band called “Slipway”. The three-piece band covered a myriad of songs/artists across the decades e.g Dragon, Stones, Paul Kelly, INXS, Hot Chocolate and the Doors to name a few. Paulies Pizza and Santopalato (Sicilian) both returned, and for the first time The Mobile Chamelion served a variety of frozen desserts. As usual, our signature Paella and of course local wine and beer.

Watch out for details about our last two events of the year on February 23 from 5-8pm and then on the long weekend Sunday 11<sup>th</sup> March from 2-5pm, following the Cittaslow Market at Jaralde Park.

I will take this opportunity to let you know that I am stepping down as the coordinator of the ATW events and would like to thank the volunteers for doing a fantastic job with or without me. If anyone is interested in assisting the team of ATW volunteers at the next season starting in October – organising volunteer rosters, setting up the bar and so on – we would love to hear from you. Just contact [admin@cittaslowgoolwa.com.au](mailto:admin@cittaslowgoolwa.com.au) and we will call you for a chat!

*Lauri O'Brien*

#### Post Script: A delicious Thank You!

Members will be familiar with the ever-popular Paella featuring the iconic Goolwa Pipi, the signature dish introduced to ATW by Chef Olaf Hansen, now faithfully assisted by Steve Grieve. Cittaslow would like to thank the fabulous crew at **Kuti Shack** who have supported our At the Wharf events this season by generously donating Papis and Spanish Rice to the team. Thanks to Brendan, Vanessa and staff!






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### *CITTASLOW AT THE ART GALLERY*

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Once upon a time, in the good old days when we had two art galleries hosting the work of our local artists and occasionally travelling exhibitions, there was a tradition to have a free bar at the official opening of these exhibitions.

Under the direction of our popular and talented Arts Manager Leah Grace, the bar would be staffed by volunteers from the gallery sitters' group. Always a great occasion, it allowed the sitters and visitors to mingle with the artists, discuss and admire their work, and hear the guest speaker, usually someone very well credentialed in the arts world, who would provide more insightful information about the artist and the work displayed.

Needless to say, the serving of free drinks, together with a platter or two of food, mixed with the heady atmosphere of artistic conversations and competition for the purchase of the best pieces, encouraged sales no end.

Some 2 years or so ago, local government compliance regulations regarding purchasing/serving of alcohol changed, so to preserve the full occasion of an exhibition opening an alternative needed to be found. Leah had the inspiration to ask Cittaslow if it would be prepared to run a bar at the more significant openings where there might be a crowd expected. Cittaslow agreed on the basis that it would supply the wine, glasses, qualified staffing, and charge per glass to cover costs, perhaps make a small surplus.

To date Cittaslow has provided a bar on a few occasions at the South Coast Regional Arts Centre, sometimes in the Courtroom, sometimes in the courtyard, manned by a small nucleus of members, usually Christine Putland and Steve Grieve, Terri Gibson, and Olaf. The bar has been successful in adding to the ambience and excitement of an opening, and those manning it have had an enjoyable experience mixing with friends and artists.

The link between Cittaslow and the Arts and Art Gallery is seen as a good one and fitting in well with Cittaslow principles. Hopefully, with the re-opening of Signal Point, and the continuing existence of the Old Police Station as the South Coast Regional Arts Centre, we will see more big exhibitions, and more involvement with Cittaslow.

Like all volunteer endeavours staffing is an issue so if any members would like to join the list of those willing to assist, whether it be setting up or serving, please let a committee member know. (Holding a Responsible Serving of Alcohol certificate required for the serving).

*Tony Hargreaves*



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*FOOD AND WINE GROUP UPDATE*

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**News from the Food and Wine Interest Group**

**T**hose of you on the mailing list for Food and Wine will be aware that the 2023 year ended on a high note, with members enjoying two great social events: a tour and tasting at **Peninsula Providore** in Tooperang hosted by Mel, and the end of year dinner at **Hays Street Bar & Kitchen**. This venue, known for many years as The Whistle Stop, has had a makeover by new proprietors, Dan and Tilly, with chef Adam cooking up a storm in the kitchen. The food presented was great quality and generously served, a memorable spread. Thanks to Terri Gibson for organising these events (with side-kick Steve Grieve).

As most of you know, the monthly gatherings are divided into two main parts, the first being a meeting format providing information and updates about upcoming activities, while the second involves a shared meal based on a different theme each time as well as a 'wine options' game and a food-related quiz. For the past few years, Lauri O'Brien has chaired the meeting, with Roger Stainer as notetaker, while various members offer to organise the game and quiz each month.



Sadly (for us), Lauri is relocating to the Gold Coast and so will no longer be chairing the meeting. Lauri has also coordinated the At the Wharf events and been part of the membership team so we will miss her greatly. Roger Stainer, too, announced that due to his other demanding volunteer commitments he will not be able to continue as notetaker this year. We thanked them both heartily and wish them well! In the short term, it has been decided to rotate the roles amongst members, then review this approach after a few months and decide how to proceed. Linda Kaid has offered to get the ball rolling as chair for the first meeting in 2024, with Scott as notetaker.

Remember that all members are welcome to attend the gatherings at the GAC on the last Monday of each month. They resume for 2024 from 5pm on Monday 26<sup>th</sup> February. Each month there is a different food theme and members bring a plate to share according to this theme, as well as your own glass (cutlery and crockery is available). In February an alphabet theme has been chosen, so members should bring a dish starting with the letter A – it can come from any cuisine and 'A' could relate to the name of the main ingredient (eg artichoke) or the name of the dish (eg arancini) or any imaginative variation of the above!

*Christine Putland*

## UPCOMING COMMUNITY EVENTS

# SAVE THE DATE!

Join us in launching the Coorong, Lower Lakes and Murray Mouth (CLMM) Research Centre, coinciding with World Wetlands Day.

3 February 2024 1-4 PM 92 Barrage Road, Goolwa, South Australia

More details coming soon!  
[www.clmmresearchcentre.org](http://www.clmmresearchcentre.org)



## DAD'S CATCH-UP

Join us for a  
**COFFEE & CHAT**

1st & 3rd Tuesdays  
 of the month  
 9.00am - 10.30am  
 (from 6th February)



at Riverview Deli & Cafe  
 214 Liverpool Rd, Goolwa



BOOKINGS NOT REQUIRED



### Cittaslow events:

- ✦ **AT THE WHARF:** Feb 23rd, 5pm - 8pm;  
 March 10th, 2pm - 5pm - Jaralde Park.  
 (Resumes October 2024)
- ✦ **COMMUNITY GARDEN:** Tuesdays 9am -  
 12pm - Kessell Rd
- ✦ **ARTISAN & PRODUCE MARKET:** Every  
 Second, Fourth & Fifth Sunday of the  
 month from 9am - 1pm. - Jaralde Park
- ✦ **FOOD & WINE GROUP:** Last Monday of  
 the month. 5pm - Goolwa Aquatic Club
- ✦ **HOW TO:** RAG RUG sessions - from  
 February 29th - Cittaslow Corner



## KEY CITTASLOW CONTACTS 2024

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