

# Cittaslow Goolwa

Newsletter Number 44. July-September 2017



## EVENTS FOR YOUR DIARY

### CITTASLOW SUNDAY

*“AT THE WHARF”* – FOOD, WINE, MUSIC,  
—Sunday 1st October from 2-5pm.

Cittaslow Food, Wine and Music Events  
At the Wharf will be held regularly on the  
last Friday of the month commencing  
27 October at 5pm and continuing  
through Summer until the end of March.

Meet and greet new members afternoon tea Friday  
15 September 3-5pm. Cittaslow Cnr.

**“Smoke OFF” Sunday 5th  
November at the RSL grounds.**

**AGM. Thursday 16 November. TBA.**

**Food and wine meetings last Monday  
of the month at Cittaslow Cnr. 6pm  
28 August and 25 September.**

*Bring a drink and nibbles to share.*

### Management Team:

**Patron:** Mayor Keith Parkes

**President:** Margaret Gardner

**Vice President:** Edward Booth

**Secretary and Volunteer Co-ordinator:**  
Christine Putland

**Treasurer and Membership Co-ordinator:**  
Julie Lowe

**Assistant Treasurer:** Tracy Parkes

**Food & Wine Group:** Scott Woodsmith

**Seasonal Dinner Organiser:** Patsy Greer

**Community Garden:** Noel Leahy, Lyn Mateer

**Cittaslow Farmers Market:** Jane Williams,  
Paul Bushell

**Media:** Ken Smith

**School Liaison:** Vanessa Mulhall

**Cittaslow Corner :** Tony Trimboli

**“At the Wharf” Event:** Karen Ross

**Fruit Forest:** Marty Alford

**Life Member:** Lyn Clark and John Clark president  
of Cittaslow Australia/Australasia

**Management Meetings:** 1st Thursdays of  
the month held at Cittaslow Corner at 7pm.

Minutes of the Meeting available on the  
website: [cittaslowgoolwa.com.au](http://cittaslowgoolwa.com.au)

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**Website:** [www.cittaslowgoolwa.com.au](http://www.cittaslowgoolwa.com.au)

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**Newsletter Editor:** Wendy Phillips [wendy\\_phi@bigpond.com](mailto:wendy_phi@bigpond.com)

## *President's Report –August 2017*

There have been major changes in the management team since I last wrote for the newsletter. John Clark, Jan Henderson and Kaarel and Karen Lume resigned. John has been with Lyn right from the beginning of the Cittaslow journey and has chosen to step back to focus on other community projects and take time out for himself. Jan has been a treasurer who has carefully and meticulously looked after Cittaslow finances and we thank them both for the work they have done on our behalf. Kaarel and Karen have involvement with other community projects and we wish them well.

As a result surprisingly, but without stress, Christine Putland has stepped forward to be the new Secretary and Public Officer, Julie Low treasurer and Tracy Parkes assistant treasurer. Julie and Tracy are both working together and have extensive experience in financial matters. We welcome and thank them for taking on their new roles.

Julie has also taken on membership and Product Coordinator of Cittaslow Corner.

Karen Ross has also joined the team to fill a management position.

Wendy Phillips has offered to take on responsibility for the Newsletter and Lyn Clark is now able to step back after being responsible for the past ten years. It has been heartwarming to have had so many Cittaslow members step up to take on positions so willingly.

Management had another workshop in July to begin to look at a four year strategic plan for Cittaslow Goolwa. In October the plan will be clearer and then it will go to all members for comment.

Late last year an application for a grant from Strengthening Communities in the Commonwealth Dept. of Social Services was finalised. In the grant we requested a computer, printer and bar fridge for Cittaslow Corner and volunteer costs, a total of \$2,750.00. **In June I was notified we had been successful.**

This has been exciting and we have taken possession of a laptop which Tracy sourced and is now setting up and Julie is managing the purchase of a printer. Management has agreed to purchase a financial package which will bring the organisation into the 21 century and stream line our growing needs.

The bar fridge arrived several weeks ago courtesy of John Moore. Our new purchases will live in Cittaslow Corner but will also be able to be transported easily.

On Monday 24<sup>th</sup> July I was guest speaker at the Pt Elliot/Middleton Probus club and spoke to 60 members and guests. The group showed great interest in Cittaslow and as a result made the decision to ask for a speaker on recycling for their next meeting.

It is heartening to know that many in our community are making sound choices which will help look after our environment.

There are lots of activities about to start as the weather improves. "At The Wharf" and "Smoke off" are scheduled and "How to" sessions are planned.

On the 24<sup>th</sup> August four Cittaslow Goolwa members fly to Taiwan and a small Cittaslow called Fonglin for a festival. Christine Putland, Steve Grieve, Kate Crawford and I will be guests of the town. We are looking forward to a different cultural experience and share Goolwa's experience of Cittaslow.

***Margaret Gardner***

## *Community Garden*

Winter is always a quiet time at the community garden when some volunteers head north to warmer climates or overseas. A few dedicated volunteers still managed to prepare a great basket of produce for the Children's Center including some jumbo cauliflower.

The long awaited new seed raising enclosure has now been erected with just a few finishing touches to the overhead irrigation system needed. It wasn't any easy job with 'pictures only' for the instructions and even they were a bit obscure. It's a miracle it didn't end up in Strathalbyn with the gale force winds that ensued during and after the installation process.



One of our volunteers celebrated a very special birthday recently. This was a great excuse to fire up the BBQ and with everybody providing something for lunch including a fabulous birthday cake the occasion certainly went well.



*With spring just around the corner there will be lots of work ahead preparing beds for seedlings which hopefully will come from our own source. **Lyn Mateer***

***New volunteers are always welcome on Wednesday mornings from 9am—12.***

*Pop in for a visit during these hours and see what we are growing.*

## **Membership to Cittaslow.**

**Meet and greet new members afternoon tea Friday 15 September 3-5pm. Cittaslow Cnr,**

This will be a great chance to catch up and socialise.

Members will receive a membership card when they renew their membership. This will have your name and **next** renewal date on it. One only will be issued per membership category (e.g. one per family or one per individual).

***Julie Lowe—Membership Secretary***

*Cittaslow aims to improve quality of life for all residents, business operators and visitors to our region by developing sustainable environmental practices, use of alternative energy, supporting local products and producers, providing unique tourist experiences, preserving our heritage, sharing ideas and encouraging all to take the time to enjoy what we have to offer with family and friends and visitors.*

## *What's New at Cittaslow Corner?*

After a very busy start to the year, inevitably the winter months have been quieter in Cittaslow Corner, with many volunteers (including me) choosing to take off in search of warmer weather. Despite this we have had a steady flow of interested visitors and the available volunteers have not been sitting on their hands (though perhaps that would have kept them warmer!)

We are gradually streamlining the procedures in the centre to make it easier to keep track of products and ensure that we are managing efficiently. Volunteers will notice a few changes including:

- New system for recording sales using the receipt book, the stock card file and the financial reconciliation book at the end of each day – it's not difficult but there are a few new steps so please read the instructions until you get the hang of it.
- New products for sale – come in and browse around if you haven't already.
- New 'pigeon hole' shelves (placed on top of the NEW fridge) for volunteers in key roles: President, Treasurer/Membership Coordinator, Secretary, Community Garden and Farmers Market. These can be used to pass on messages and correspondence.

We are also employing a casual cleaner to give Margaret Gardner a break from this task!

In the last few months we have had several new members join the Cittaslow Corner Volunteer Roster but there is always room for more. So please consider adding your name to the list.

The current hours of opening from Thursday to Monday (inclusive) between 11am to 3pm will continue until September then be reviewed for the summer.

You can choose how you prefer to be involved: whether by taking a regular shift or opting for occasional spots on the roster. (You can also split the 4 hour shift by arranging with another volunteer to share the hours.)

For more information or to express interest in volunteering I can be contacted as follows:

[cputland@internode.on.net](mailto:cputland@internode.on.net) or Mob: 0418 809 848

***Christine Putland - Volunteer Coordinator***

## *Cittaslow School Involvement.*

After a very successful Cittaslow International Assembly hosted by Goolwa in May this year, **Investigator College Goolwa** contacted us to request a meeting to inquire how the School could become involved with Cittaslow and the Goolwa Community.

On Friday 11th August, Lyn, John Clark and I had a very positive meeting with Mark Tenny to discuss a program/project. We planned an 'Informative' Interaction with Students from Year 5 on Friday 25th August.

Both the School and Cittaslow Goolwa are hoping after our meeting a plan will be established for many exciting and productive years ahead.

As Term 4 is just round the corner and Spring arriving, Cittaslow Goolwa Volunteers and **Goolwa Primary School** students and teachers will be working together on their 'Veggie' Patch located at the front of the School grounds. The aim of the students is to grow their seedlings, plant, harvest and then experience their wonderful fresh produce and eat it raw or cooked.

I would like to take this opportunity to *thank all the Cittaslow Goolwa Volunteers for their past help at Goolwa Primary School and your offers for our future Involvement with both Schools.*

***Vanessa Mulhall—School Liaison***

## *Goolwa Cittaslow Farmers Market on the 2<sup>nd</sup> and 4<sup>th</sup> Sunday of each month from 9 – 1 at the Jerelde Park near the Wharf Precinct.*

### **Buy your produce from the local producers.**

The finest Fowls from Nomad Farm have THE best chicken stock you will ever buy. *Expensive, but you only get what you pay for.*

Falkai Farm has the eggs you won't believe and they are now selling local veg from Arcadia Farm at Tooperang.

Triple B Biodynamic Beef is fantastic and Dorper lamb has a taste that's unbelievable.

Then of course there is the best bread from Hungry Caterpillar with a huge range to choice from.

Jane sells her Second Valley Cheese and offers tastings.

Kate's Chocolates (try and walk past).

Then there is the coffee van too.

Le Deux Coqs with French produce that is a must.

Mark is with us every second market with his plants and Edmund with his tea and potions.

All these along with the fabulous Finniss Olive Oils and Wendy with her Spice Girlz products.

***Don't miss the market. Become a member \$20 per year gives you 10% off at each stall.***

***Just sit and relax while you taste the whares and listen to the live music. Bring your friends too.***



I am sure we will have Neil from Victor Fish joining us soon and Sue from Chomp Biscuits is likely to make a return.

***Jane Williams*** (market co-ordinator)

## ***Seasonal Dinners***

Many members continue to take advantage of the opportunity to enjoy good food and wine, with great company at the winter seasonal dinner at Goolwa's Aquacaf on 26<sup>th</sup> July. A maximum number of 34 members enjoyed delicious platters as starters, choices of mains, sweets and liquid refreshments.

Another big winner on the night was the wonderful social atmosphere where the buzz of catching up with others was present throughout the evening including lots of laughter.

Already plans are afoot for the spring dinner in mid/late October and so check your emails for further details closer to the time.

*2018 is shaping up to be an exciting year ahead with a range of very different options to help us celebrate the seasons.*

***Patsy Greer***

## *Plans for the GOOLWA FRUIT FOREST:*

Based on the inspiration from Kathryn Wilson, a dynamic group of volunteers is now working with the Alexandrina Council to establish the Goolwa Fruit Forest, (GFF).

Council has allocated a piece of land at the northern end of Neighbour Reserve on the corner of Dawson and Porter Streets (behind the Goolwa Hotel).

There will be a selection of fruit and nut trees and also some native bush tucker planned. The fruit will be available free for those who need it.

Cittaslow Goolwa is fostering this group as it becomes established. Marty Alford is the link between the GFF group and the Cittaslow Management team. While he has been away, Lyn Clark has been attending the planning meetings. The GFF group went on a familiarisation tour to get ideas for this exciting project

A special planning workshop was held on 17 August to prepare for a formal application to Council. Ground layout, plantings and long term plans were discussed.

***You can join the Goolwa Fruit Forest Facebook page and keep up to date on activities.***

[https://www.facebook.com/search/top/?q=goolwa fruit forest](https://www.facebook.com/search/top/?q=goolwa+fruit+forest)

*Carol Cooney from Alexandrina Council (see photo) has been providing guidance for the Goolwa Fruit Forest. Lyn Clark*



## ***CITTASLOW INTERNATIONAL***

Now that the dust has settled on the 2017 Cittaslow General Assembly, attention is now turning to the 2018 event. It will be hosted in Mirande, France. Mirande is just south west of Toulouse. There is an excellent video available at [www.youtube.com/watch?v=DcNFqCOGIM](http://www.youtube.com/watch?v=DcNFqCOGIM) welcoming you to Mirande, the home of the French Musketeer D'Artagnan. The program has not yet been released, but it is expected that there will be activities prior to the official day of the General Assembly on 23 June.

Check out the Cittaslow International website for more information. [www.cittaslow.org/](http://www.cittaslow.org/)

**The latest list of member towns of Cittaslow International (July 2017) indicates that there are 236 accredited towns in 30 countries.**

At the 2017 General Assembly Mayor Keith Parkes was elected to replace Lyn as the Australian representative on the Cittaslow International Committee. The International Committee meets quarterly in a different accredited town and makes many of the decisions and considers future plans in between the General Assemblies. Lyn Clark continues as the "Technical Coordinator" of the Australian/Australasian network and is also President.

## ***CITTASLOW AUSTRALIA/AUSTRALASIA***

To establish a national Cittaslow network it is necessary for at least **three** towns in a country or region to be accredited. Katoomba (Blue Mountains, NSW), and Yea (Murrindindi, Vic) joined Goolwa (Alexandrina, SA) to form Cittaslow Australasia in 2011. The Board meets annually and as needed, via email or Skype. An AGM is hosted in turn by each of the member towns. Goolwa hosted the Board and AGM meetings during the Cittaslow International General Assembly in May. Yea will host the next set of meetings. Lyn Clark is President, John Clark Secretary and the Board Members from Goolwa are Edward Booth and Vanessa Mulhall. Goolwa is represented by President Margaret Gardner and Mayor Keith Parkes. Goolwa is regarded as the 'lead town' and our Mayor (Keith) is the senior official.

The main challenge facing the national team is to identify and encourage accreditation from around Australia, New Zealand and other Oceania towns. They have established an Australian version of the Accreditation Criteria to keep Cittaslow relevant to our unique situation. **Lyn Clark**