

Cittaslow Goolwa

Newsletter Number 46 — March-June 2018



Events for your diary:

“At the Wharf”

Wine, Food and Song on the deck of Signal Point.

Sunday 11 March, 1.30 pm to 5pm
in conjunction with the Fringe at Jeralde Park.

Bar facilities and food available to purchase. **NO BYO alcohol.**

Cittaslow Dinner

The Village Square, 40 North Tce. Pt Elliot.

Tuesday 27 March at 6pm for 6.30 start.

See page 3.

United Nation Sustainability Luncheon at Signal Point

Coming on Sunday, 29 April.

See page 2.

Cittaslow Markets:

Sunday 25 March

Sunday 8 April, 22 April

Sunday 13 May, 27 May

Sunday 10 June, 24 June

How 2? Make Passata with Tony and Albina

**Thursday 29 March at 8.30am at the
Cittaslow Community Garden.**

Email famsmith@internode.on.net

Or ring Deb Smith **0417843946**



Address: Cittaslow Goolwa Inc. PO Box 2539 Goolwa SA 5214.

Website: www.cittaslowgoolwa.com.au

Contact: Margaret Gardner -President—phone 048811117 or email
president@cittaslowgoolwa.com.au

Newsletter Editor: Wendy Phillips wendy_phi@bigpond.com

The President's Report — March 2018:

January was supposed to have been a quiet month. No management meeting or any other events apart from "At the Wharf" towards the end of the month. It looked like a month to start the year slowly, but exciting new ideas and invitations arrived.

Cittaslow Goolwa has been asked by the United Nations sustainability Group in Adelaide to join with them in a sustainable luncheon with Chef Cheong Liew on Sunday 29th April. This luncheon will be held in the lower part of Signal Point.

Andrew Baines who has become a celebrity with his quirky installations, (he will be building one at the Brisbane Commonwealth Games) will be creating one here on Goolwa Beach and you can be part of his history by being willing to stand in the sea in a suit. More of this later!!! Bookings for the event will be available soon so look out for the email. ***This is an event not to be missed.***

Cittaslow members interested in recycling and the environment have met with Council staff to discuss ways in which Cittaslow can support recycling in Public places. The Environmental Group will be managing this issue. If you have an interest in the environment you can join the Cittaslow Environmental group. **Contact Angela Nesci — phone 0438321674**

Three committee members attended the Hindmarsh Island Economic Development workshop on Wednesday 28th February. What is proposed sounds exciting and likely to provide a boost to the whole area. We learned more about the planning act and how it affects the island and some of the plans the new owners of Coorong Quays have to enliven the Marina.

The Qantas Spirit magazine for January/February article has provided interest in Goolwa and Fleurieu Living magazine asked for photos of "At the Wharf" in January for their next production. Rod Flintoff was the photographer and took many lovely photos during the evening.

Debbie Smith from Alex FM has asked me to join her on the second Friday of the month 9.50 to 10am to speak about Cittaslow.

The Cittaslow four year Strategic plan has been completed and thanks to Amanda Fairman's graphic design professionalism it looks great. Now it's up to us all to enact the aspirations. It has been ratified by committee and will be circulated to members after a visit to the Mayor Keith Parkes and CEO Glenn Rappensberg on the 7th March.

The Council is mentioned in the Strategic plan and we seek Council's support to be able to work together.

This year is earmarked to explore the re-accreditation of Cittaslow Goolwa. It will be an interesting journey back to the past to see how our town has grown in terms of its Cittaslow status. Just how far have we come since March 2007?

On Saturday 3rd March interested Cittaslow members enjoyed International Women's Day breakfast in Victor Harbor. ***Two hundred men and women met to hear Penny Wong speak.*** It was a great opportunity to mix with other women from right around the Fleurieu Peninsula.

Margaret Gardner



Christine and Margaret in the pageant.



International Students

In November 2016 Cittaslow Goolwa received a request from student Aki Maedomari from Singapore to come to Goolwa to understand more about Cittaslow. Aki was completing a dissertation on Slow Living.

I offered to accommodate her for three weeks over Christmas. It was a crazy time and Cittaslow members already busy made time to speak with her. There is no doubt Aki had the time of her life. She fell in love with Goolwa and its surrounds and found Adelaide an inviting and livable city. So much so that she applied to Uni SA to become a student this year. Aki arrived earlier this month and is now in student accommodation in Adelaide and beginning to feel right at home. Interestingly, she told me this year that when we received her original request she had sent the email to every Cittaslow city /town in the world. Goolwa was the only town that replied YES.

Again this year in January I received an email from a 20 year old student in Japan who is studying "Slow Cities" requesting to come to Goolwa in 2019. I have put Kanako in touch with Aki, so they now have an international connection.

Don't you just love the way we can work together to support and bring people together?

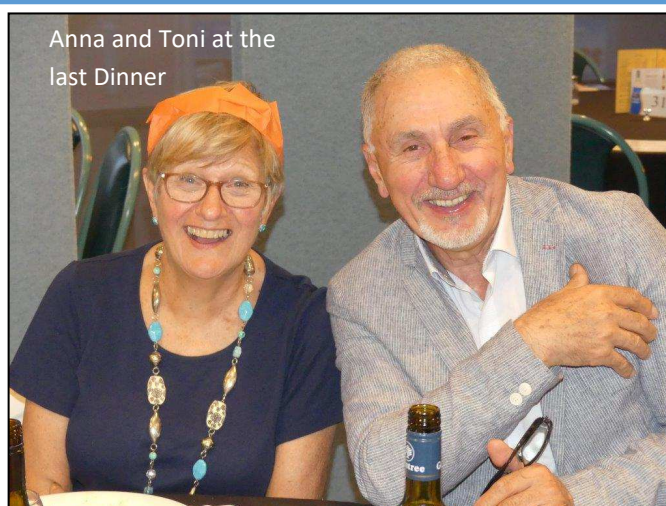
Margaret Gardner

Next Cittaslow Dinner

Bookings are rolling in for the seasonal Summer dinner to be held at The Village Foodie 40 North Tce, Port Elliot on Tuesday 27th March. Very enthusiastic Cittaslow members, proprietors and hosts, Marcus Battye and Tarryn are very keen to promote the Cittaslow 'slow food' philosophy.

Guests will enjoy a wonderful menu of platters of rabbit, sage and white wine ravioli, vegetarian 'pork' with pappardelle, garlic bread a choice of three slow cooked mains of porchetta, beef brisket or mushroom risotto stuffed pumpkin served with green vegetables with pesto, baby potatoes with rosemary salt. Optional sweets are passionfruit curd tart with house made icecream and salted chocolate chards or chocolate fig cake with liquor candied figs and caramel Chantilly.

Booking close Friday 16 March. RSVP via email to Patsy Greer. pmgeb@bigpond.com.au



*Food !
Glorious Food!*



The amazing team:

They set up the shelter, tables and chairs,
Serve the drinks, collect the money,
Clean up and remove the rubbish,
Wash all the glasses and re-box them,
Pack away and re-stack the chairs and tables
Then go home and collapse!
AND do it all again the next month!

At the Wharf Events

Our first two "At the Wharf" events for 2018 have been hugely successful in every way. Importantly we enjoyed perfect weather conditions each time resulting in lots of happy people coming along. Around 350 locals and visitors came each time with chairs, tables and picnics. Some brought their own wine glass too which we encourage. Not only do people avoid making a \$5 deposit on our glasses, but we save time, energy, water and power when it comes time to washing the glasses. ***This is certainly in keeping with Cittaslow sustainability and ecology values.***

Suzi and the Jetz, along with special guest Matt Eilers, played contemporary tunes with a dash of old fashioned Rock and Roll. Dancers from the Middleton Dance Group particularly enjoyed the music and their moves were a joy to watch.

Clarke Street Catering served delicious burgers and buns, **Olaf's Cockles** were there at the January event along with our inaugural Cittaslow Sausage Sizzle. **Vanessa Button's tasty seafood Paella** debuted at the February event and sold out.

Our last event for this summer coincides with Fringe weekend on Sunday March 11. This event occurs earlier in the afternoon, from 1.30 pm until 5pm.

The Chris Finnen Band will play on the deck.

Clarke Street Catering will be along again as well as The Beach House Café woodfired pizzas and The Hungry Caterpillar.

At the Wharf events have enjoyed considerable publicity in local media and word is certainly spreading. This summer has seen larger crowds, more out of town visitors and a more diverse age range. It's a great opportunity for people to come together and enjoy all that Goolwa has to offer.



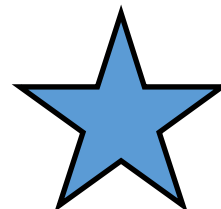
The talented *Chris Finnen*



Please Note:

There will be no "At the Wharf" Event on Good Friday, 30 March.

The crowd. Photo Leon Mead.



CITTASLOW ENVIRONMENTAL GROUP

The group has had its first meeting on the Monday 5th February, 2018. The meeting was attended by a small number of very enthusiastic people, who are passionate about the protection of our environment.

The agenda for the evening concentrated on a number of **Topics for discussion:**

What other environment based groups were active in the community?

What was the scope for working together with these groups?

What was to be the focus for the Cittaslow group in the near future?

Though the group was small, the number was overshadowed by the enthusiasm, passion and the number of groups and activities each member was actively involved with. Some of the groups named were KESAB, Cittaslow Food Forest Group, South Coast Environment Centre, Fleurieu Bird Watchers and Landcare.

An issue of great concern for the group was the lack of recycling bins in the public spaces of Goolwa and it was decided that this would be our biggest focus.

The group will also be involved in:

regular rubbish removal along Randell Rd which goes over the bridge,

the development of the Fruit Forest,

activities around the environment such as workshops that Cittaslow members might be interested in attending.

In the past few weeks members of the environment group have taken part in cleaning up Randall Rd where they collected 13 bags of rubbish from the sides of the road. Some members along with Margaret Gardner, the Cittaslow President, met with Council staff and staff from FRWA regarding the recycling bins.

Margaret, along with a number of Cittaslow members attended a forum on the **Economic Development of Hindmarsh Island**. Among the presentations of the day there was information about the environment on the Island, and what has already been done to bring back the birds and the flora of the area. There are plans for work by Alexandrina Council to facilitate visitors to the area, who are interested in the natural beauty of the Island.

A meeting with the President of the Rotary Club has been set for the near future to discuss ways we can work together. *Hopefully this is the beginning of a very busy future for the Group.*

Angela Nesci



GOOLWA FARMERS MARKET.

The Farmers Market is steadily moving along with a solid core of stallholders attending. Unfortunately we have lost Nomad Chickens and then Falkai Farm eggs, both due to tough economic times. Farmers Markets as a whole are a struggle with so many options open to shoppers including fresh produce boxes delivered direct to the home.



Scott, Jane and John

Our stallholders are local and our produce seasonal and we are making changes to accommodate the supporters of the market and ensure we can deliver. Brent Tamblyn, who operates Jelly Store on the Strand is now supplying local vegetables and fruit as well as his stunning homemade pies.

He is sourcing the produce from Phil Sparrow at Arcadia Farm at Tooperang, so it doesn't come more local and fresher than that. Brent is also stocking eggs and these are from Fleurida Farm from Monika and Gunter Bertram.



Visitors

"I Love SA Farmers Market Day", held last Sunday was very successful. Neil Hosking, Cittaslow Smoke Off King 2017 smoked Mulloway and Salmon and Debbie Smith smoked a ham which she also did at the last Smoke Off. Tasting of both were available and went very quickly. There was a large turnout, many people coming along for the first time and were completely unaware of the Farmers Market.

Many thanks to Ken Smith for his huge and generous contribution in publicising the event. Jane Williams

Food and Wine Group

Cittaslow Goolwa benefits CFS and RSL. The successful 2017 Cittaslow Goolwa Smoke Off Festival and associated raffle have now provided tangible support to local community organisations.

2017 marked the holding of the **ninth Smoke Off** and proceeds from the Raffle conducted in conjunction with Smoke Off were donated to the Goolwa RSL and Currency Creek CFS.

On Tuesday 19th December the cheques were presented by Mr Ken Smith of Cittaslow Goolwa to Mr Bob Plummer, President of the Goolwa RSL and Mr Dennis Rogers from the Currency Creek CFS.



This year's event appeared to involve a higher number of visitors from Adelaide and the metropolitan than in recent years.

Ken Smith presenting the cheque.

ARE YOU INTERESTED IN BEING PART OF CITTASLOW'S RENEWED FOCUS ON ARTS AND CULTURE?

The Alexandrina region is well known for its strong arts community, which includes many Cittaslow members who are keen artists, craft workers, makers and creators – not to mention audience members!

Cittaslow Goolwa is aware of the individual benefits of arts and cultural participation as well as the crucial role they play in creating more vibrant, viable and humane societies.

For this reason we support local arts and culture in many ways, including:

Hosting events such as At The Wharf featuring local musicians

Profiling the work of local visual artists and craft workers in Cittaslow Corner

Helping to activate public spaces through proposals and support for public art works

Supporting arts organisations, for example training the volunteer community ambassadors for Kumuwuki (Regional Arts Australia Conference 2012).

In 2018 we want to hear from members interested in helping us to strengthen this focus on arts and culture. By working together with artists, craft workers and arts groups we hope to enrich our own community activities and outcomes, while at the same time contributing to the ongoing development of cultural life in Alexandrina.

To register your interest in playing a part, or just to find out more, **WE WANT TO HEAR FROM YOU!**

Please contact Christine Putland by email: cputland@internode.on.net



*Coming together and
Sharing the Arts*



Latest News: Welcome to Iain Languish who has taken Vanessa's Mulhall's place on management and is now the education liaison to schools. Iain taught at Pembroke for years and is still involved with the school. He has embraced Cittaslow and often is found volunteering in Cittaslow Corner and "At the Wharf" pouring red wine.

Wanted: A Community Garden Liaison to work between the garden and management. Please contact : Margaret Gardner **048811117** email: president@cittaslowgoolwa.com.au

How 2An Alpaca Appreciation Day 13 Dec.

On 13 December Cittaslow Goolwa presented a 'How 2..' session to members and the topic under investigation this time was the Alpaca, the friendly attractive creatures that are widely misunderstood and frequently confused with Llamas – they are actually cousins!

The '**How 2..**' series is an opportunity for Cittaslow members and guests to get up close with something produced locally, that is maybe intriguing or something that just needs further investigation.



On the Fleurieu we are lucky to have one of the biggest and most significant Alpaca farms outside of South America, traditionally THE home of alpacas. Chris Williams, manager of Ambersun alpaca farm at Mount Compass has, with a lot of hard work and expense, built the farm up to be in the top three producers in Australia.

Naturally, in a business that focuses on making the most of alpacas, their wool is highly sought after, not only in high level clothing, but also in carpets and is now being used in doonas.

Ambersun not only breeds and sells alpacas for wool and breeding in Australia and overseas but is developing a market for alpaca meat in some of the top restaurants in Australia. Chris also has his eyes on overseas markets for what is, surprisingly to some, a delicious new meat to Australians.

On the Cittaslow session, the affable Mr Williams led a tour of the well-organised farm, providing plenty of information on what alpaca production is all about and, later in the day, providing an opportunity for visitors to try a variety of cuts of alpaca meat. These ranged from raw sashimi, smoked leg, spicy cured salami, chorizo and hamburger patties. While some found the newness of the tastings a little daunting at first, it wasn't long before everyone was really enjoying the flavours and texture of this new meat and, even, coming back for more.

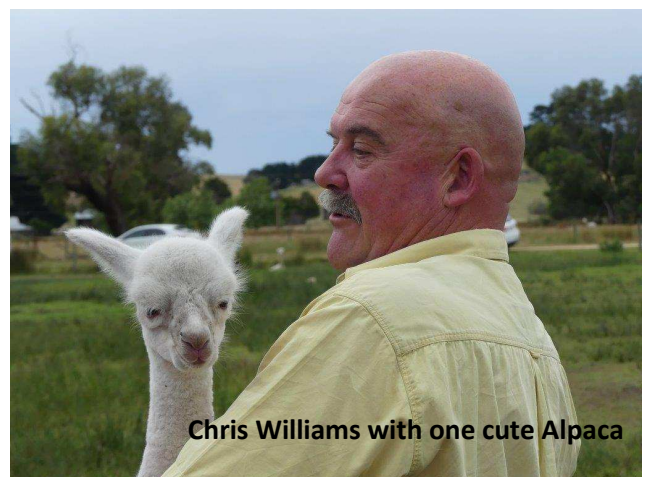
A marvellous afternoon that will be long remembered. Chris's alpaca meat is available regularly from the Willunga Market and direct from *Ambersun*. *Well worth a try.*

Ken Smith



Cittaslow members
enjoying the food
and wine!!

Photos: **Rod Flintoff**



Chris Williams with one cute Alpaca