

Cittaslow Chatter

Cittaslow Goolwa Inc. PO Box 2539, Goolwa SA 5214

Vision: Sustainable Community: Sharing Together

Mission: Taking time to bring together a sustainable community



2017 Cittaslow Goolwa Committee

Patron: Mayor Keith Parkes

President: Margaret Gardner

Vice President: Edward Booth

Secretary: John Clark

Treasurer: Jan Henderson

Committee Members: Marty Alford, Lyn Clark, Kaarel Lume, Karen Lume, Vanessa Mulhall (School Liaison), Ken Smith, Tony Trimboli, Jane Williams, Scott Woodsmith

Food & Wine: Ken and Debbie Smith

Community Garden: Noel Leahy, Lyn Mateer

Cittaslow Goolwa Farmers Market: Jane Williams, Paul Bushell

Contact President:

Telephone: 0428 811 117

president@cittaslowgoolwa.com.au

www.cittaslowgoolwa.com.au

Cittaslow aims to improve quality of life for all residents, business operators and visitors to our region by developing sustainable environmental practices, use of alternative energy, supporting local products and producers, providing unique tourist experiences, preserving our heritage, sharing ideas and encouraging all to take the time to enjoy what we have to offer with family and friends and visitors.



PRESIDENT'S REPORT

The last few weeks have been fast and furious, exhilarating and exhausting which means Cittaslow Corner is now open for business. The official opening was held on Friday 10 February. The Mayor Keith Parkes opened Cittaslow Corner with over 60 people in attendance. John Moore prepared and donated a magnificent morning tea with Jane Williams also sharing the cost. Alexandrina Cheeses provided cheese at cost. The Shaw family Vintners provided the bubbly also at cost, Edward and Jane Booth paid for same. It was an excellent Morning, I find it difficult to think of anything else that could have been done to make it better.

Volunteers are managing to keep the building open five days a week Wednesday – Sunday 10am-4pm. We could do with more volunteers to share the load so if you are free to assist it would be great to hear from you. Christine Putland has been appointed Cittaslow Corner Coordinator for the next three months and Wendy Middleton and Anne Mari Trimboli are taking control of product purchase.

The Cittaslow sign on the front of the building is brilliant; it was a stroke of genius for the Heritage Advisor to insist it was painted on the building. It's visibility invites people to go in to explore what Cittaslow is about. Joe Levy has generously paid the cost of the sign.

Local food and art works are now for sale, which will help offset the cost of electricity and other expenditure Cittaslow Corner may bring. The Grow Free Trolley outside the building has already been popular with community members who are sharing their excess produce and others enjoying free fresh food.

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PRESIDENT'S REPORT (continued)

Many members contributed towards the development of Cittaslow Corner. Scott Woodsmith contributed by building the rustic shelving amongst other things and Karen Ross took responsibility for working with Council by organizing the lease, having a vision of the internal layout and the initial roster system.

"At the Wharf" was held at the end of January. Many locals and visitors enjoyed a magnificent evening on the deck of Signal Point, listening to the music, dancing, drinking and enjoying the company of family and friends. The next "At the Wharf" is on 24th February 5-8pm.

Cittaslow's 10th birthday celebration will be in conjunction with the Fringe activities on Sunday March 12th from 1pm at Signal Point deck.

Food and Wine group is always on the look out for members to assist on the bar Karen Ross would be delighted to hear from anyone who can help.

The Community Garden is looking its best at the moment with produce growing well; their jams and chutneys are now in Cittaslow Corner and selling.

Margaret Gardner, President

FOOD AND WINE GROUP REPORT

The January holidays are over and the Food and Wine Group is back into it with a vengeance!

As with other Cittaslow members, Food and Wine members are actively involved in a wide variety of activities. Chances are that since the beginning of the year you would have found Food and Wine folk helping out at the Lions Auction on the 7th of January and the 11th of February, welcoming prospective members to the newly opened Corner, dancing the night away At The Wharf on January 27th and February 24th, helping out the Farmers Market on Friday afternoons in January and then alternate February Sundays, having a great time at the Seasonal dinner at Bombora on 16th of February, at Management meetings, Corner volunteer meetings, planning meetings for the 2017 Smoke Off, Assembly Planning meetings, Management workshops and much more.

But, more to come: the first two HOW2's – social media and passatta – are imminent (at the time of writing) with the second Food and Wine meeting and a further Smoke Off planning meeting in the offing.

Planning is progressing for other How To sessions and the delayed Hangi Seasonal Dinner and much more is bubbling away in the background.

Change is the rule for the New Year so far! Food and Wine meetings are now held in Cittaslow Corner and what a great place it is for a meeting! Debbie Smith (Treasurer) and Ken Smith (Secretary) are in the throes of handing over the reins of Food and Wine to focus on other Cittaslow things – thus a further opportunity for others to taken on something new. Food and Wine monthly meetings remain the highpoint of the Group.

Attendances remain high and the meetings, aside from being a lot of fun – it is after all a Food and Wine Group – are very productive. Notwithstanding the many and varied opinions from group members on the proposals that are discussed, in the end, inevitably, a consensus is usually if not inevitably reached.

The Food and Wine Group meets at 5.30 on the last Monday of each month (other than November) at Cittaslow Corner and all members are welcome.



CITTASLOW GOOLWA 10TH BIRTHDAY



At the Wharf

In 2007 Cittaslow Goolwa celebrates its tenth birthday and presents the Damushi Ensemble Band as part of Adelaide Fringe in Goolwa. Experience live and local music, wine and food!

Where: Signal Point Salty Deck, Goolwa Wharf Precinct

When: Sun 12 March at 1.30-5.30pm

Duration: 240 minutes

Cost: Free

Bookings: No bookings required

Things to know: No BYO alcohol, bar facilities and food available. #CittaslowGoolwa #AtTheWharf

Website: cittaslow.com.au



established, international gastronomic students were welcomed, Gopher Festivals hosted, Goolwa Ambassadors trained and the first ever Cittaslow International Chiocciola Orange (Orange Snail) Award was won with the project we did with the Goolwa Primary School. This list is long and growing, thanks to those members who have volunteered their time and talents for improving ‘quality of life’ for Goolwa.

It is now time to CELEBRATE OUR TENTH ANNIVERSARY.

As part of the Adelaide Fringe Festival in Goolwa, a special “At The Wharf” event is being hosted on the deck of Signal Point. The Damushi Ensemble Band will perform. Local food and wine will be available. This is a FREE event. SEE YOU THERE!!



COMMUNITY GARDEN REPORT

The community garden finished 2016 with a great BBQ at the garden. The weather was ideal and we had great food and wine and we even managed to persuade some of the people who lease a bed (who we don't see very often) to join us.

Last year we managed to construct a few more garden beds so we are now at full capacity with 25 beds having been taken up to lease and the garden still retains enough beds to be able to grow produce for the Children's Centre. Plans for the current year include upgrading our seed raising enclosure, re doing our pathways with new grit and finishing the big shed.

The garden is looking fantastic now after having a bit of rain and plenty of sun. In particular the garden bed tended by the team from the Centre for Positive Aging has been very productive this season. It resembles a mini jungle with corn and tomato plants just laden with fruit. All food from this bed is taken to the CPA to be shared.

Our apricot harvest this year has not been as good as in previous years so we are looking into having some new shoots grafted onto one of our trees to see if we can improve the quality for next year. If you know of anyone who has experience in this area we would love to hear from you.

This season we seem to have a bumper crop of apples with branches laden with at least 3 different varieties. Most of these are given to the Children's Centre in our weekly basket delivered to them by volunteers. We are hoping to have enough to see us through autumn.

The community garden's homemade jam and chutney is now available at the new Cittaslow Corner as well as our usual outlet at Signal Point. Current stock includes apricot jam (special recipe from Judy's mum), crunchy zucchini pickle and our famous brinjal pickle with Indian spices will be ready soon (a good way to deal with all the eggplant we currently have in the garden.) This is one of our major fundraising activities so your support in purchasing these products is welcome and much appreciated.

It seems to have been a great year for tomatoes and recently we picked nearly 2 buckets full and as we all know you haven't tasted a tomato until you have eaten one that you have grown yourself. No doubt there will be lots of saucing going on in our kitchens.

Over the next few weeks we will be preparing for autumn seed raising and we usually stick to the old favourites like silverbeet, brassicas and kale.

We are hoping that some of the overseas delegates who will be in Goolwa for the Cittaslow International Assembly may wish to visit the garden during their stay. The garden volunteers are at the garden on Wednesday morning from 9am to 1pm (weather permitting) and we would welcome visitors.

Lyn Mateer



Photograph by Sue Gelade from the Cittaslow Goolwa Community Garden Facebook Page

CITTASLOW GOOLWA FARMERS' MARKET REPORT

Following months of negotiations, the Market opened on October 23rd 2016. The weather wasn't at its best. There were 2 markets in November, 1 in December and four twilight markets in January. On each of these days we were at the mercy of the weather gods and let me assure you, they didn't shine down on us. But, here we all are still waiting for that perfect market day and I guess it will come eventually.



The market stallholders are settling in to a regular pattern now, with most now attending every market and each market is getting better in terms of trade.

To date there are 40 market members who pay \$20 per annum. This membership enables them to receive a 10% discount at each stall they make purchases from. This will be promoted more heavily in the coming months to enable market shoppers to receive the discount.

The stall holders of the market are being encouraged to become members of Cittaslow.

There have been enquiries in the last 2 weeks from a poultry provider, a local winemaker and a pastry chef, so the word is getting out there. We are having between 14 and 17 stalls at each market and ideally are looking to build this up. There is no maximum number in site, just a need to ensure the market promotes local producers and produce.

The comments and encouragement from the shoppers is great and we are happy to hear from them.

Jane Williams

Just been to the Goolwa Cittaslow Farmers Market (<http://www.weekendnotes.com/goolwa-cittaslow-farmers-market/>) down by the Wharf at Goolwa. Delicious food and I reckon it's 10 degrees cooler than in the town. I purchased some marvellous food and received discounts as I am a member (you can purchase a membership down there).



GOOLWA LIONS AUCTIONS

Cittaslow Goolwa encourages all of you to help at least once a year. The Goolwa Lions holds an auction almost every month at the Goolwa Oval. Different groups help with the setting out of the items prior to the sale on a Saturday morning, Cittaslow has the task to help in the clean up stage. This includes taking down tents, putting away the catering stuff and loading any left over items onto the truck. The starting time for this work will depend on how long the auction lasts, but approx. 11.30am would be the best time to arrive. [The Auction starts at 9am if you want to buy.] If you can help or have questions please contact Debbie Smith on 0417 843 946 or email famsmith@internode.on.net or Ken Smith on kgsmith27@internode.on.net. If we all share doing a little bit, the job is finished quickly. This regular Lions activity raises substantial funds that are ploughed back into the community (including to Cittaslow) as well as supporting the many worthwhile Lions projects.

Keep an eye open for the date for the next Lions Auction – an email will be sent to you.

CITTASLOW CORNER



Hello Cittaslow Members

The recent opening of Cittaslow Corner provides an exciting opportunity to spread the word about the organisation and make its work more visible in the community, however, it also means a lot more work for the enthusiastic group of volunteers who give their time to keep the doors open. There have been discussions about the idea of a Volunteer Coordinator for Cittaslow Corner as a rotating position, and I have agreed to take on the role until mid-May. During the next few months I will be overseeing the rosters and communicating with volunteers regularly to make sure things run smoothly. Karen Ross will be back-up and hopefully someone will step up to take over later in the year. At the moment we have about 20 active volunteers, and a few more on the list, which is a good start, but we need more to spread the load across 5 days a week. If you have not added your name to the rosters yet, please consider doing so soon.

You can choose how you prefer to be involved: whether by taking a regular shift in the centre, opting for occasional spots on the roster, and/or adding your name to the Reserve list to be called to fill last minute shifts. The tasks are very simple but vital in order to keep Cittaslow Corner open and accessible in the lead up to the Assembly and beyond.

If you would like to add your name to the list of volunteers or need more information feel free to contact me by email or phone:

Christine Putland

Mob: 0418 809 848

cputland@internode.on.net

AT THE WHARF

Our **At the Wharf** event at the end of January was our biggest and best ever. It was enjoyed by around 400 people. The food vendors, Southy (Wood-fired pizzas), Arkie (Gourmet, German-style sausages) and Nick (Castaways Burgers) were pleased with sales. We sold wine from Langhorne Creek as well as Shaw Family Vintners and we made around \$1000 profit.

We received lots of good feedback from the general public but also some constructive criticism. As a result we have decided to trial two bars to avoid congestion at our next event on February 24. This will mean having extra volunteers on board so please feel free to contact Karen Ross on 0438660653 if you feel a bar shift coming on!

The task list is working well so far. Thank you to all who have accepted specific tasks.

It would be wonderful if you could re-delegate when unable to do your task. Just contact another Cittaslow member and ask if they can fill in.

At the Wharf is also scheduled for Sunday March 12 which is a big, exciting day in Goolwa. Our Cittaslow Farmers Market is on in the morning, followed by Fringe events then At the Wharf from 1.30pm until 5.30pm. We have an African percussion band coming along to play on the deck, extra food vendors and, of course, local wine and SA Beer. If our 'two bar' trial works on February 24 we will also have two bars on March 12.

March 12 is also Cittaslow Goolwa's 10th anniversary. We are planning a small ceremony, at 3pm, to mark the occasion. Please share this news with friends, family and neighbours as we would love to see a good crowd coming along to share this special celebration.



Karen Ross

CITTASLOW GOOLWA MEMBERSHIP RENEWALS

Cittaslow Goolwa membership renewals are sent out in June and December each year. It depends on when you originally joined Cittaslow as to when a renewal is sent. *[If you joined during January to June, your renewal is issued in June. If you joined July to December, your renewal comes in December. That means you may get a few extra months in your first year.]* Because of the increased costs of postage, most of the renewals are sent electronically. The Treasurer/Registrar, Jan Henderson has sent our renewal forms over the past few weeks. (Please check your spam mail!) Any concerns should be discussed with Jan on 0419 828 637 or send her an email on janhenderson477@gmail.com.

Your membership fee provides us with a series of insurances, the cost of operating our website, your newsletter, administration, projects, etc. Extra fundraising is undertaken to cover the actual cost of these expenses whilst keeping the annual fee to a minimum. Thank you for your support.

As a member of Cittaslow Goolwa, you are invited to attend the **management meetings** that are held on the **first Thursday** of each month, at **7.00pm** in **Cittaslow Corner**, corner of Cadell Street and Goolwa Terrace, Goolwa.

This is a great way to find out what is happening and to have a say in where we go in the future – and how we get there.

Cittaslow Organisation and Business Members

We encourage you to support the businesses and organisations that are members of Cittaslow Goolwa.

Businesses

About Print, Kaarel & Karen Lume

Alexandrina Cheese, Rebekah McCaul

All About Attitude, Jen Binney

Aquacaf, Jon & Sally Dean

Artworx, John & Liz Francis

Australasian circa 1858, Deb Smalley & Juliet
Michell

Beach Organics, Barry Beach

Blues Restaurant, Middleton

Bombora @ Goolwa Beach, Olaf Hansen, Joel, &
Vanessa Button

Café Lime, Pamela Crowhurst

Cafelicious, Gerald Kay and family

Fleurieu Function Centre

Goolwa Fish Café, Max & Karen Mitchell

Goolwa Wharf Barrel Shed, Chris Ramsey

Hectors at the Wharf, Grantley Schmidt & Susan
Montgomery

Motel Goolwa, Dagmar & Kim

Rankines at the Whistlestop, Peter & Sue Rankine

Shaw Family Vintners, Signal Point & Currency
Creek

South Coast Pedicabs, Leon, Bea, James & Luke
Mead

Southy's Wood Fired Pizza, Paul & Janet Southwell

Steam Exchange Brewery (now Distillery) Gareth
Andrews

Surfers Coffee, Sue Metcalfe

The Hungry Caterpillar, Justine Brown, Paul
Bushell & family

Organisations

Art @ Goolwa, Brenda Holden
GADBUG

Clayton Bay Community Association, Cathy Fish
Milang Old School House, Stuart Jones

DATES FOR YOUR DIARY

Fri 24 Feb	5-8pm	At the Wharf, Signal Point Deck
Sun 26 Feb	9.00am	Cittaslow Goolwa Farmers Market, Jaralde Park
Mon 27 Feb	5.30pm	Food and Wine Group, Cittaslow Corner
Tue 28 Feb	1.00pm	Assembly Planning Meeting, Large Meeting Room, Alexandrina Council
Thus 2 Mar	7.00pm	Cittaslow monthly meeting, Cittaslow Corner
Wed 8 Mar	7.00pm	Goolwa tourism 5214 Meeting, The Marina Hindmarsh Island
Sun 12 Mar	9.00am	Cittaslow Goolwa Farmers Market, Jaralde Park
	10.30am	Adelaide Fringe Caravan, Jaralde Park
	1.30pm	CITTASLOW 10TH BIRTHDAY At The Wharf , Signal Point Gallery Deck
Wed 22 Mar	2.00pm	Assembly Planning Meeting, Large Meeting Room, Alexandrina Council, tbc
Sat 25 Mar		Opening of Fleurieu Aquatic Centre
Sun 26 Mar	9.00am	Cittaslow Goolwa Farmers Market, Jaralde Park
Fri 30 Mar	5-8pm	At the Wharf, Signal Point Deck
Sun 2 Apr		End of Daylight Saving – clocks back
Thur 6 Apr	7.00pm	Cittaslow monthly meeting, Cittaslow Corner
Sun 9 Apr	9.00am	Cittaslow Goolwa Farmers Market, Jaralde Park
Fri 14 Apr		Good Friday
Sun 16 Apr		EASTER
Wed 19 Apr	7.30pm	Assembly Information session for Goolwa Businesses and Community
Thur 20 Apr		Arrival of 808 Squadron, with Freedom of City Ceremony Friday 21 Apr
Sat/Sun 22-23 Apr		SA Wooden Boat Festival, Goolwa
Sun 23 Apr	9.00am	Cittaslow Goolwa Farmers Market, location tbc
Tue 25 Apr		ANZAC DAY

The Cittaslow Goolwa Community Garden is open most Wednesday mornings between 9am and 1pm, western end of the Council Depot, Kessel Road, Goolwa. Please drop and see what we are doing.

Dates can change, so please check if you're not sure

CITTASLOW MEMBERSHIP MERCHANDISE

The following items can be ordered (payment with order, please).
 Contact Jan Henderson 0419 828 637 or email to
 janhenderson477@gmail.com.

SHIRTS - \$35 each - Navy blue shirt with Cittaslow Logo. **Ladies:**
 8, 10, 12, 14, 16, 18, 20, 22, 24. **Men's** (buttons other way):
 Small, Medium, Large, Extra Large, 2XL, 3XL, 4XL.

BUCKET HATS - \$15 each - Navy blue with gold piping with
 "Cittaslow Goolwa" no logo. Medium or Large to Extra Large

CAPS - \$20 each - Navy blue with tan suede with Cittaslow Logo.
 One size fits most.

NAME TAGS - \$10 each - with Cittaslow Logo. Choice of full
 name or single name and also with magnetic close or pin (don't
 order magnetic close if you have a pacemaker)

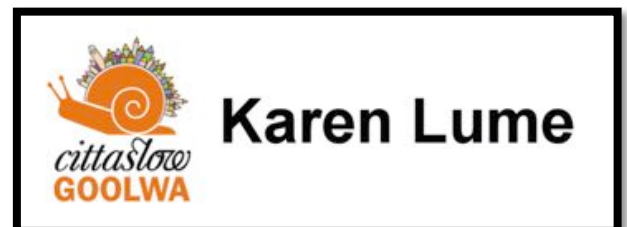
SLEEVELESS VEST –Cittaslow logo embroidered **\$50 each**
 Sizes available as per chart below (and are for half chest – which
 is the measurement from under arm to underarm).



ADULT SIZE	XS	S	M	L	XL	2XL	3XL	4XL	5XL
CHEST CM measurement	54.5	57	59.5	62	64.5	67	69.5	72	74.5



Also new at **\$15** - one size fits most are :
 Navy Blue **POLAR FLEECE BEANIES** with Cittaslow Goolwa
 lettering (no logo).
 There is an order form on the next page.



CITTASLOW MERCHANDISE ORDER FORM

Name:.....

Contact:(phone).....(mobile)

Please complete the order form and arrange payment using the methods suggested below. You will be advised when your order is ready for collection.

Contact Jan Henderson 0419 828 637 or email to janhenderson477@gmail.com if you have any questions.

Item	Quantity	Size	Cost
SHIRT - \$35 each Mens			
SHIRT - \$35 each Ladies			
SLEEVELESS VEST - \$50 each			
CAPS - \$20 each			
BUCKET HATS - \$15 each			
POLAR FLEECE BEANIES - \$15 each			
NAME TAGS - \$10 each Name on tag : (eg John or John Smith)		Magnetic or Clip	
		Total:	\$

Payment with Order, please.

Cheque (made payable to Cittaslow Goolwa Inc.) and post with completed form to The Treasurer, Cittaslow Goolwa, PO Box 2539, Goolwa 5214

Electronic Funds Transfer:

BSB: 633 000

Account No: 152 961 215

Please include your name so that we can identify your payment.

Scan and email completed form to Jan Henderson (janhenderson477@gmail.com)

CITTASLOW ASSEMBLY VOLUNTEER FORM

Name:

Contact:(phone).....(mobile)

I would like to offer my services for the following

ACTIVITY (examples of some of the possible functions for which we will need volunteers) – there will be more !	COMMENTS
ADMINISTRATION Preparation of documents; office duties during Assembly; Finance; Budget preparation and Management	
TRANSPORT Airport pick-up and drop off; collecting delegates from B&Bs; assistance with organising coaches	
ACCOMMODATION Sourcing and checking B&Bs, motels, billets; allocating accommodation; financial management of payments; offering to billet	
LANGUAGE TRANSLATION Assistance with English/Italian Assembly translation; providing language skills leading up to event; helping to learn other language phrases	
CATERING Working with Food and Wine group; providing assistance with morning teas; serving lunches; clearing up; decorating venues	
AMBASSADOR Training as a "Goolwa Ambassador; preparing schedules for volunteers; looking after VIPs/guest speakers; sourcing gifts and mementoes	
TOUR GUIDE Assisting with getting delegates to venues; organising rosters for guides; speaking with groups	
REGISTRATION Preparation of delegate pack; signing delegates in; roster of registration volunteers; looking after luggage when necessary	
FUND RAISING Sourcing possible sponsors or donors; ideas to raise funds	

This is not an exhaustive list. Please list on the back any way that you think you might be able to help, or which you think we need to address.

Return completed form to: president@cittaslowgoolwa.com.au; post to PO Box 2539, Goolwa 5214; drop into Lyn at River Dolls, 33 Cadell Street, Goolwa.