

Cittaslow Goolwa

Newsletter Number 49 December 2018



Dates for your Diary:

Sunday 16 December 6pm **Goolwa Christmas Pageant.**

Sunday 23 December 9am - 1pm **Farmers Market.**

Friday 28 December 5pm - 8pm **At The Wharf.**

Monday 31 December **New Years Eve Fireworks Party at the wharf.**

Sunday 13 January— **Farmers Market**

Saturday 19 January 2019 **Tour Down Under Stage 5 at Strathalbyn.**

Friday 25 January —**At The Wharf 5pm - 8pm**

Sunday 27 January— **Farmers Market**

Friday 22 February —**At The Wharf 5pm - 8pm**

Sunday 10 March 2019 **2-5pm At The Wharf for the Fringe Event.**



The New Committee wish you a Happy Festive Season and thank you for your support in 2018.

Back Row:

Ken Smith, Michael Keen, Scott Woodsmith, Karen Ross, Tony Trimboli. Missing is Marty Alford.

Front Row:

Julie Low, Christine Putland, Jane Williams, Angela Nesci.

Goolwa came alive on LWE in October.

Photo: *Deb Smith*



Contact Christine Putland. president@cittaslowgoolwa.com.au

Website: www.cittaslowgoolwa.com.au

Postal Address: Cittaslow Goolwa Inc. PO Box 2539 Goolwa SA . 5214

Newsletter Editor: Wendy Phillips : wendy_phi@bigpond.com

Goolwa was buzzing!

With Markets, Oscar W celebrations, opening of two special Goolwa Artist Exhibitions, The Cockle Train and Cittaslow too!

An Introduction from the New President –Christine Putland



As many of you know at the AGM in November Margaret Gardner retired from the Management Committee at the end of her two year term as President. Following on from such an energetic and dedicated leader is always daunting, but as the newly elected President I look forward to continuing her excellent work.

For those members whom I have not yet met, allow me to introduce myself. I have had an association with Alexandrina since 1999 when my husband Steve Grieve and I bought a house at Goolwa Beach. As well as spending weekends and holidays here in the following years, we both found ourselves working in Alexandrina for periods of time – Steve as an architect and I as a researcher evaluating the impacts of arts and cultural programs. Gradually we came to feel so at home that by 2016 we had built a new house and moved to Goolwa full time. Ours turns out to be a familiar story: visitors who become seduced by the strong and active community and extraordinary natural environment and before they know it are permanent residents!

I first became aware of Cittaslow Goolwa, Alexandrina when members helped to train the Volunteer Ambassadors for 'Kumuwuki', the Regional Arts Australia National Conference held in Goolwa in 2012. On moving to live here I joined as a member, taking up the role of Volunteer Coordinator at Cittaslow Corner early in 2017 and becoming involved in preparations for Goolwa to host the International Cittaslow Assembly in May that year. The progression from coordinating tours of Alexandrina for international delegates to the position of Secretary seemed natural, as does representing Cittaslow Goolwa, Alexandrina as its President now.

The more involved I become in Cittaslow the more I am convinced of the important role such an organisation can play in regional communities. The principles of Cittaslow are clear – engaging the community in caring for the environment, advancing responsibly and sustainably, celebrating local culture and heritage, supporting the region's artisans and producers and encouraging appreciation of the unique qualities of our area. The broad scope of this vision means we focus on many different activities at once which can be challenging for our limited – though growing – pool of volunteers. At the same time this breadth is Cittaslow's strength: people with different perspectives and concerns are able to find a platform for pursuing their interests for the benefit of the community. Inevitably this makes for some healthy debates. But by working together we are hopefully able to better understand the connections between seemingly opposing needs – for instance, the ways in which respect for the environment and preserving our cultural heritage can go hand in hand with ensuring a good quality of life for all today and into the future.

Personally, the most rewarding feature of my membership to date has been working alongside others on Cittaslow events, activities and projects as a way of learning more about this fascinating part of the world. Cittaslow members bring a surprising range of life experiences and it is up to all of us to find ways to share this rich knowledge with each other and the wider community. One of my aspirations as President is to expand the opportunities for new and potential members to become involved at their own pace, and most importantly to find enjoyment and fulfilment in being a useful member of their community.

I look forward to meeting many of you very soon. Christine Putland



Cittaslow members at the Meet and Mingle night ready for the AGM.

1. Tony, Julie, Annemarie, Helen, Christine.

2. Steve and Bart.

3. Tracy Parks, Roonie and Mayor Keith Parks.

Photos: **Rod Flintoff**

Cittaslow Goolwa, Management Committee — November 2018.

Patron	Mayor Keith Parkes	
President	Christine Putland (Cittaslow Corner Volunteer Coordinator; Arts & Culture; Australasian Cittaslow Board)	President@cittaslowgoolwa.com.au Christine.cittaslow@gmail.com
Vice Presidents	Scott Woodsmith (Food & Wine Liaison; Smoke Off) Karen Ross (At The Wharf Coordinator; Cittaslow Corner Stock Coordinator) Iain Langusch (Education liaison; Environment Group liaison)	srwoodsmith@gmail.com karenrosswalks@gmail.com iainlangusch@gmail.com
Secretary	Michael Keen (Smoke Off)	Michaelrkeen61@gmail.com
Treasurer	Julie Low (Membership)	Julie.cittaslow@gmail.com
Assistant Treasurer	Tracy Parkes	Parkes.tracy@gmail.com
Member	Ken Smith (Publicity)	Kgsmith27@internode.on.net
Member	Tony Trimboli (Arts & Culture; Community Garden)	Ttrim52@gmail.com
Member	Angela Nesci (Community Garden)	anesci48@gmail.com
Member	Jane Williams (Farmers Market)	janew@bigpond.net.au
Member	Marty Alsford (Fruit Forest)	malsford@optusnet.com.au

The Committee of Management meets on the second Thursday of each month at Cittaslow Corner.

If members wish to bring any issues to the attention of Management they are encouraged to talk with the responsible committee member in the first instance.

We are also delighted to continue to have the ongoing support of our Patron, Mayor Keith Parkes.

Margaret Gardner tabled the Annual Report for this last year. She was on the Cittaslow Committee for 6 years with the last 2 as President and now retired to take up the position of Councillor for Alexandrina Council , Goolwa Ward.

Membership has increased this year to approx. 200 members and there are opportunities to volunteer with any of the groups to assist with their activities. Just contact any of the above or Christine the President for further information.



Cittaslow 2018 Annual Gathering and AGM.

On Thursday 15th November members of Cittaslow gathered at the Goolwa Aquatic Club on Barrage Road to celebrate another year of activities and achievements. Attended by about 40 members, it was a chance to catch up with others and to meet some of the newer members. We all enjoyed the wonderful spread of food prepared by our member Angela Nesci and the warm hospitality of John Moore behind the GAC bar.

A joint presentation was then made by Olaf Hansen, Julie Obst, Steve Grieve and I, as the four members who had attended the Cittaslow International Assembly in June 2018. We each talked about different aspects of the event held in Mirande, situated in the Gers Department in southwestern France. I explained that after a warm welcome by its Mayor, Pierre Beaudran, delegates were treated to two days of presentations and workshops, site visits, shared meals in various parts of the town, with tasting of local wines such as Armagnac and musical entertainment. Steve showed examples of the distinctive geographical and architectural features of the medieval town and the facilities we visited including a cross-generational community housing project initiated by the Mayor. Julie highlighted the prominence of the 'Bio-region' approach to primary production and promotion which has been favoured in France and other parts of Europe. Olaf spoke about the importance of food in French culture, their passion for high quality ingredients and careful preparation, and the generosity with which they shared their cuisine with the visitors.

We encouraged members who are planning to travel to Europe in June, 2019 to consider registering for the 20 year anniversary Assembly of Cittaslow International in Orvieto, Italy. It is a worthwhile investment as a way of learning more about the wider context of Cittaslow and also meeting up with old friends and making new ones from all parts of the world.

The Annual General Meeting of Cittaslow Goolwa, Alexandrina was also held as part of the event at GAC in which the Business of the organisation was conducted including election of the new Management Committee.

The outgoing President, Margaret Gardner, was thanked for her considerable efforts in the role and presented with a bouquet of flowers. She in turn thanked the committee for their support and presented members with gifts. Retiring member, Vanessa Mulhall, was also thanked for her long service to Cittaslow.

Christine Putland—President

Steve Grieg presenting at the 2018 Cittaslow AGM on the International Assembly in Mirande France.



Vanessa, Jaqui, and Scott



Next year the International Assembly will be in Italy where Cittaslow began. It is bound to be worthwhile to visit the town that will be chosen to present it.

Iain Langusch has taken the position of Education Liason for Cittaslow. He has over 40 years experience in outdoor and environment education. He volunteers for Investigator College assisting Natalie Gilbert (teacher) for training course in Conservation and Land Management. There are 18 students doing Certificate 2 for their Vocational Education Training which gives them practical skills in plant propagation, nursery management, seed collecting, as well as using and managing plant equipment useful for future employment.

Next year he will assist Goolwa Primary School students with dune restoration work with Ben Simon from GWLAP.

Goolwa – At the Wharf– A Sunday Afternoon Event 30 Sept. 2018



Sing and dance with The Band —
Matt and the Maniacs



Bleasdale Wines to sell



There were Corks to pop!



Wine to drink



Olaf's Cockles to eat



Some even sat on the rocks to see it!



Quince Cake to celebrate!



Dishes and glasses to wash with a smile!

Congratulations

The Cittaslow Team of workers are extraordinary! When Goolwa Alive LWE event closed a few years ago they planned "At the Wharf" and it goes to show what an amazing team they are to do this for everyone.

Photos by **Rod Flintoff**

AT THE WHARF is back for our Spring and Summer Season 2018.

Last Sunday the Oct. LWE Sunday 30 September was an enormous day for Goolwa. There were so many attractions that brought locals and visitors to the wharf precinct – a special wharf market, the Oscar W back on the water, the Cockle Train (hailed by the historic *Duke of Edinburgh* steam engine) and the launch of the new season of Cittaslow '*At The Wharf*' free entry community event. Fittingly, the weather for the day was perfect, bright, sunny, not a cloud in the sky.

Normally '*At The Wharf*' is conducted on the last Friday of the month from 5 pm to 8 pm but Sunday was a special day, not only part of the long weekend but 30 September is Cittaslow International Day when the 236 Cittaslow Cities and Towns around the world do something special to celebrate.

At Goolwa this meant the usual mix of local features – music, food and wine and a good time for all – plus delicious cake, complimentary for those attending, made by Cittaslow volunteers from quinces grown at the local Community Garden!

Dance band Matt and the Maniacs, a regular feature at these events, laid down the beat for the crowd. Food – Coorong Mullet Burgers, Olaf's delicious cockles, Brisket, Pork, Haloumi buns and so much more with wine by Bleasdale and the Currency Creek winery – who could ask for anything more. **Ken Smith**



Cooking up a storm!

'At the Wharf' on Friday 26 October.

The Paella and BBQ sold fast! While the band played hard!



At the Wharf Event- Friday evening 26 October— by Ken Smith

A good crowd was in attendance for this event, which is one of a series conducted by Cittaslow Goolwa for the warmer months.

Features of the fun night included quality wines by Bleasdale and Shaw Family Wines, soft drinks and beer. Food included Cittaslow's gourmet sausages, The Hungry Caterpillar's marvelous Coorong Mullet Burgers and a new treat, Olaf and Vanessa's steaming hot and freshly made Paella. Another new innovation on Friday night was the band "Spirit of Andalay" who provided a great background of blues and roots, and rock music for those who just listened and those who made their way to the dance floor.

“SMOKE OFF” FESTIVAL- Sunday 4 November 2018 on the RSL’s Garden of Honour grounds.

The Smoke Off Festival, part of an ongoing series of events in the Goolwa Wharf precinct, was presented by Cittaslow Goolwa in conjunction with the Langhorne Creek winemakers. **The event was generously supported by the Alexandrina Council, Stratco Goolwa, Shaw Family Vintners, Langhorne Creek Grape and Wine Inc. and several Goolwa eateries.**

This was our eleventh annual Smoke Off competition, with tastings and included sales from major Langhorne Creek wineries, plenty of great food from local food producers and the marvellous music from local band “Matt and the Maniacs.”

Wineries involved were Bleasdale, Next Crop, Tagai, Karrawatta, Temple Bruer and Tabal.

The Smoke Off competition attracted a good number of teams this year, up on the last two years, and interest was high among spectators in the bumper crowd. While the focus, as always, was on smoking hams, there was plenty of fish, beef and chicken on display. This event caters to all tastes. The teams competed for prizes and trophies for the best smoked food, as judged by a panel consisting of Professor Barbara Santich, author and lecturer on gastronomy at Adelaide University, Ashley Porter, publisher of Coastlines and Marina Goldsworthy, Manager of Marketing, Langhorne Creek Wine and Grape.

This year there was increased competitiveness in the Theme category. This is where teams adopt various themes, set up colourfully decorated marquees and dress in appropriate costumes in support of those themes. Judges for this category were Libby Wall and Erica Harris, both of whom are prominent in the local arts community. Contrary to the weather forecast, it was a fine day with temperatures in the mid twenties, there was no wind to worry about, just a little cloudy and the rain forecasted for 4.30 did not arrive until 6.30pm.

Proceeds from the day will be donated to the Goolwa CFS, the Currency Creek CFS as well as Cittaslow Goolwa to help ensure that this type of event continues to be presented.



Top Right: Winners of the Theme category.

Middle: Chefs and Judges.

Lower Right: BBQ Boys.

Lower Left: Waiting judgment!



Thanks to Scott Woodsmith and his band of helpers.

Article by **Ken Smith,**

Photos by **Rod Flintoff**

GOOLWA CITTASLOW FARMERS MARKET.

On Sunday 11th November the Cittaslow Goolwa Farmers Market celebrated it's second birthday in Jeralde Park.

A spectacular chocolate cake, (decorated with tiny, tasty versions of the delicious produce available at the market) was well received by those who attended on the day.

The basis of farmers markets is that local artisan food producers and farmers provide a diverse range of produce. The Goolwa Farmers Market sells bread and delicious Coorong Mullet and other burgers from Currency Creek. The bread products are made from flour produced by Lauke Mills. There is also Olive Oil from Finnis and Goolwa North and Brew Box Coffee from locally roasted beans. La Belle Ratatouille has a marvellous range of French delicacies. There is locally caught fish, SA prawns and Crayfish and local smoked fish. There are biscuits, cakes, condiments, locally grown vegetables from Tooperang and Ian and Gina Easts fantastic berries and baked goods.

These items are a mere sample of what is available at the regular fortnightly markets.

In addition, local musicians regularly appear at the market to add to the fun of a relaxing stroll to investigate the marvellous local goods that are available.

In keeping with the farmer's market ethos, an annual membership is available at a nominal cost. This gives you a discount from all the stall-holders.

After two years it is still early days for the Goolwa Farmers Market, but after a steady start the market is building support for the future. **Ken Smith**



The Farmer's Market, 2nd Birthday Celebrations.

There's so many goodies to choose from with great gift ideas for Christmas. BUY LOCAL and support the Market.

The "SMOKE OFF" RAFFLE.

The major raffle prize was a HARK 2 door gas smoker and gas bottle valued at \$350 from Stratco Goolwa. The winner of the gas smoker was Ms. Ashton Hunt. A full list of winners is available on the Cittaslow Goolwa website www.cittaslowgoolwa.com.au

The Alexandrina Council has been a major supporter of Cittaslow Goolwa from the inception in 2007 and supported the Smoke Off. The Langhorne Creek Wineries and the Shaw Family Vintners again provided support with their fine wines as prizes in the raffle and for the teams that won the various sections of the Smoke Off.

Goolwa Restaurants: Aquacaf, Hectors On The Wharf, Bombora @ Goolwa Beach, Rankines at the Whistle Stop and Café Lime all contributed meal vouchers as raffle prizes. *We thank them for their generous donations.*



Simon Crane (Stratco) receiving a certificate of appreciation from Ken Smith for donating the gas smoker and gas bottle for the first prize.

Come and browse the Christmas Stock at Cittaslow Corner.

Cittaslow Corner is open Thursday till Monday 11am – 4pm.

You'll find lots of Christmas stocking fillers and Christmas goodies at Cittaslow Corner this month, all with a local flavour. They make perfect presents for friends and family.

There are leather belts, hand made by talented artists at Alexandrina Connect, aromatic candles made by Coorong Candles on Hindmarsh Island.

We stock Gilbert's delicious honey in many different varieties, Gina's jams and chutneys and The Goods, Smokey Barbecue Sauce which, we believe is the best BBQ sauce in Australia. There is cute beeswax candles and other bee-related products from Rose Herbs in Port Elliot and also massage oils and skin rubs from Sacred Grove, Strathalbyn

Australian Native Foods are a great idea for Christmas visitors to Australia. Why not buy them Lemon Myrtle Butter or Raspberry and Quandong Jam.

Our 2019 Cittaslow Calendars, with stunning photos by local photographers are priced at \$10 each and for the wine connoisseur in your family we have Cittaslow wine glasses for \$5 each. To complement your Christmas gifts we also have beautifully designed cards by local artist Susan Bridle.



CITTASLOW AT THE WHARF Friday, 30 NOVEMBER

The latest Cittaslow At The Wharf event was Friday 30 November and saw the return of crowd favourite *Suzi and the Jetz* to the bandstand. Bleasdale and Currency Creek wine featured At The Wharf.

Cittaslow is to help support local businesses, particularly those involved in food and wine.

The next At The Wharf event is scheduled for Friday 28th with *Matt and the Maniacs* and a new feature - 'Alfred' the pop up caravan/cellar door from Langhorne Creek, will complement the Cittaslow Bar.

Food will be provided by *Clark Street Catering*, Coffee by *Tom at the Brew Box* (a regular at the Farmers Market) and the new Cittaslow Paella by Olaf!

Bring chairs, rugs if need be, snacks and most importantly, dancing shoes, **BUT no BYO alcohol.**

At The Wharf is a free community event presented by Cittaslow Goolwa and will take place from 5 to 8 pm on the last Friday of December, January and February with a special show on Sunday the 10th of March from 1.30 pm in conjunction with the Adelaide Festival Fringe.

Ken Smith

Spreading the word!

Recently one of our members and two friends – all experienced and creative stitchers, quilting, cross-stitching, applique or embroidery – attended a workshop in Adelaide titled ‘**Slow Stitching**’. They were the only participants from a regional area, and were surprised to discover the others hadn’t heard of Goolwa.

“So you’ve heard of Victor Harbor?”

“Yes.”

“And the River Murray?”

“Yes, of course.”

“Well, Goolwa is just along from Victor Harbor, where the Murray meets the sea, the world renowned Coorong begins... And furthermore we are the first Cittaslow Town in Australia and still the only one in South Australia!”

“Citta– what?”

So they explained about Cittaslow, how it builds on the idea of slow food and applies it to a whole approach to living, valuing a quality of life based on attention to tradition and heritage as compatible with modern techniques. And yes, even slow stitching can be part of this kind of thinking and acting.

Spreading the word – that’s how simple it can be.

We welcome more stories like this one about taking Cittaslow to the wider community. Just email: admin@cittaslowgoolwa.com.au



Sad news:

We had news that **Keith Prestidge** died recently. Keith and his wife Anne were dedicated Cittaslow members, operating the Cittaslow Garden Produce Barrow and working in the Community Garden for many years. They received a Cittaslow Community Award in 2012.

On behalf of Cittaslow members we wish Anne his wife our condolences and best wishes.

Cittaslow’s—KESAB program—Randell Road, Hindmarsh Island News.

We seem to be getting on top of the rubbish on Randell Rd. We only had 6 bags of general rubbish this time, compared to 13 same time last year!

But there was still a lot of big items that seem to blow off tradies utes on a regular base!!

Next clean up should be after summer holidays, hopefully in February! Anyone wishing to help contact Olaf. Email: o.hansen@inet.net.au

Olaf Hansen



Our multi-talented Olaf.

Extraordinaire- Cockle chef, Paella maker and also carer for the local environment.

